

CODE 135212

HPG

**Directions:** As a dietary supplement, take one fast dissolving lozenge before bedtime, allowing it to dissolve slowly under the tongue before swallowing. Do not exceed recommended dosage in any 24 hour period.

## Supplement Facts

Serving Size One Lozenge

### Amount Per Serving

Melatonin 5 mg\*

\* Daily Value not established.

**Other Ingredients:** Mannitol, Maltose, Natural Peppermint Flavor, Sucralose.

**CONTAINS: Wheat.**

**WARNING:** For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Potency verified by GNC procedure #5008.  
Conforms to USP <2091> for weight.

No Artificial Colors, No Artificial Flavors, No Preservatives,  
Gluten Free, Sodium Free, No Soy, No Dairy, Yeast Free.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place.

\* This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.



Please recycle this box.

For More Information:  
1-888-462-2548

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General Nutrition Corporation  
Pittsburgh, PA 15222



**GLUTEN  
FREE**



**GNC**

# FAST DISSOLVING Melatonin 5 MG

Quick dissolving  
to facilitate absorption  
Supports restful sleep\*

DIETARY  
SUPPLEMENT  
**60 VEGETARIAN  
FAST DISSOLVING  
LOZENGES**

Peppermint

NATURAL FLAVOR