

GNC

PRO PERFORMANCE

3000MG CREATINE

35 CALORIES

1G SUGARS



MAXIMIZE MUSCLE BUILDING**

Creatine is one of the most misunderstood supplements, yet one of the most important tools for improving strength... Creatine is used by your muscle cells to produce energy. During strenuous exercise, your body uses this energy source to help you power through your workouts. Supplementing with creatine will also help replenish muscle creatine.

^When used in conjunction with an exercise program.

CREATINE COMPLEX CHEW

Delicious Chew Supports Muscle Energy & Athletic Performance**^

Features Creatine HCl & Monohydrate to Fuel Muscle Cells**^



SOUR CHERRY NATURAL FLAVORS

DIETARY SUPPLEMENT 72 CHEWS NET WT 12.7 oz (360 g)

CODE 791308 DIRECTIONS: As a dietary supplement, consume 1-3 chews before, during or after working out. For maximum results, take 3 chews.

Table with 3 columns: # Chews, Creatine (mg), Benefit. Row 1: 1, 1000, Important for energy production during exercise and promotes cellular hydration*. Row 2: 2, 2000. Row 3: 3, 3000, Improves strength and athletic performance, and provides more substrate for energy production during exercise**.

Supplement Facts

Supplement Facts table showing Serving Size Three Soft Chews, Servings Per Container 24, Amount Per Serving, % Daily Value, Calories 35, Total Fat 0.5 g 1%, Total Carbohydrate 10 g 4%, Total Sugars 1 g, Includes 1 g Added Sugars 2%, Creatine 3000 mg (as Creatine Monohydrate and Creatine Hydrochloride).

OTHER INGREDIENTS: Maltitol Syrup, Isomalt, Maltodextrin, Natural Flavors, Palm Oil, Soy Lecithin, Citric Acid, Glycerin, Sucralose, FD&C Red #40.

CONTAINS: Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

No Sugar, No Starch, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, Gluten Free, No Corn, No Soy, No Dairy, Yeast Free.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. * Product was tested for over 145 banned substances on the 2017 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN Store in a cool, dry place.

For More Information: 1-888-462-2548

SHOP NOW @ GNC.COM

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