

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, Gluten Free, No Corn, No Soy, Yeast Free.

ACTUAL SIZE

\*Product was tested for over 145 banned substances on the 2016 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See [gnc.com](http://gnc.com) for more information.



KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

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Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

**GNC**  
**PRO PERFORMANCE**

# AMINO BURST 3000™

DIETARY SUPPLEMENT

**3000mg of Full Spectrum Aminos for mTOR Activation**

**Includes Essential & Branched Chain Amino Acids**

**Fuels Protein Synthesis and Nitrogen Balance\***

BANNED  
SUBSTANCE  
FREE\*



**180**  
TABLETS

CODE 898821

BRG

**DIRECTIONS:** As a dietary supplement, take three tablets daily. Amino Burst 3000™ can be taken immediately before and/or after your workout.

## Supplement Facts

Serving Size Three Tablets  
Servings Per Container 60

### Amount Per Serving

|                                       |         |
|---------------------------------------|---------|
| Calories                              | 10      |
| Protein (as Whey & Calcium Caseinate) | 3 g     |
| L-Carnitine (as L-Carnitine Fumarate) | 15 mg * |

\* Daily Value not established.

**OTHER INGREDIENTS:** Cellulose, Vegetable Acetoglycerides.

**CONTAINS:** Milk.

### TYPICAL AMINO ACID PROFILE (per serving):

|               |        |               |        |
|---------------|--------|---------------|--------|
| Alanine       | 164 mg | Lysine        | 302 mg |
| Arginine      | 85 mg  | Methionine    | 73 mg  |
| Aspartic Acid | 361 mg | Phenylalanine | 86 mg  |
| Cystine       | 64 mg  | Proline       | 219 mg |
| Glutamic Acid | 607 mg | Serine        | 169 mg |
| Glycine       | 63 mg  | Threonine     | 227 mg |
| Histidine     | 62 mg  | Tryptophan    | 43 mg  |
| Isoleucine    | 194 mg | Tyrosine      | 89 mg  |
| Leucine       | 347 mg | Valine        | 189 mg |

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: