Suggested use: Take one tablet daily with a full glass of water. preferably after a meal. **B** Vitamins work

USP has tested and verified ingredients, potency, and

manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

**Supplement Facts** 

INGREDIENTS: Calcium Carbonate, Cellulose, d-Calcium

INGREDIENTS: Calcium Carbonate, Cellulose, d-Calcium Pantothenate, Pyridoxine Hydrochloride, Ribollavin, Thiamine Mononitrate, Niacinamide, Maltodextrin, Croscarnellose Sodium, Sodium Starch Glycolate, Polyethylene Glycol, Tricalcium Phosphate, Circ Orn Starch, Resin, Dicalcium Phosphate, Silicon Dioxide, Magnesium Stearate, Povidone, Hypromellose, Brewer's Yeast, Rice Bran, Altaffa Powder, Soy Lecthin, Para-Aminobenzoic Acid, Parly Powder, Watercress Powder, Folic Acid, Cyanocobala-

Distributed by Albertsons, Inc., Boise, Idaho 83726

Serving Size 1 Tablet

**Each Tablet Contains** 

Niacin 50 mg

Biotin 50 mca

min Biotin

Vitamin B6 50 mg Folic Acid 100 mcg

Vitamin B12 50 mcg

Pantothenic Acid 50 mg

Thiamin (Vitamin B1) 50 mg

Riboflavin (Vitamin B2) 50 mg

together to help convert food into energy and to support a healthy nervous system.

% DV

3333%

2941%

250%

25%

17%

500%

We are committed your satisfaction and guarantee the quality of this product. Contact us a 1-877-932-7948, 0 www.albertsons.com

3660AR06



high potency



equaline"

natural 5

dietary supplement

NO PRESERVATIVES ADDED

NO ARTIFICIAL COLOR

Keep out of the reach of

Keep in a cool dry place,

No artificial colors have been

added to this formula, the

product may vary in color.

Water-soluble Vitamins

OR FLAVOR

tightly closed.

Tablets USP.

children