



SUPERFOOD FIBER BLEND

Experience the digestive benefits of Genesis Today Fiber. A Gluten-Free fiber providing a vegetarian blend of Superfoods and 18 unique sources of dietary fiber selected for their ability to support healthy digestion and regularity.* Genesis Today Fiber features a combination of soluble and insoluble fiber without any harsh fiber sources such as psyllium.

Genesis Today Fiber goes beyond traditional dietary fiber supplements with each serving fortified with nourishing prebiotics, 1 billion probiotic cultures, plus glycemic support botanicals for gut microflora balance, bowel function and overall wellness.*

Every Serving Includes



Flax Seed



Hemp Seed



Apple Fiber



Rice Bran



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Fiber

Supports Digestion & Regularity*

7g Dietary Fiber | **18** Fiber Sources | **1 Billion** Active Cultures*

DIETARY SUPPLEMENT • NET WT 10oz (280g)

Supplement Facts

Serving Size: 1 Scoop (14 g)
Servings Per Container: About 20

	Amount Per Serving	%DV
Calories	50	
Calories from Fat	20	
Total Fat	2 g	3%**
Total Carbohydrate	7 g	2%**
Dietary Fiber	7 g	28%**
Soluble Fiber	1 g	†
Insoluble Fiber	6 g	†
Sugars	1 g	†
Protein	2 g	4%**
Calcium	45 mg	5%
Copper (as copper citrate)	1 mg	50%
Chromium (as chromium chloride)	120 mcg	100%
Genesis Today's Superfiber Blend	6.67 g	†
Organic Flax Seed, Hemp Seed Flour, Apple Fruit Fiber, Rice Bran, Carrot Root Fiber, Beet Root Fiber, Organic Noni Fruit Fiber, Organic Noni Leaf Fiber, Organic Oat Seed Fiber, Organic Pea Seed Fiber, Grapefruit Fruit Fiber, Guar Seed Fiber, Orange Fruit Fiber, Papaya Fruit, Butternut Bark, Prune Fruit		
Genesis Today's Digestive Tract Blend	725 mg	†
Boldo Leaf, Cat's Claw Bark, Ginger Root, Nopal Cactus Cladode, Slippery Elm Bark, Aloe Vera Leaf		
Genesis Today's Prebiotic Blend	500 mg	†
Chicory Root (Fructooligosaccharides), Galactooligosaccharides		
Genesis Today's Probiotic Blend	1 Billion CFUs†	†
<i>Bifidobacterium lactis</i> , <i>Bifidobacterium breve</i> , <i>Lactobacillus acidophilus</i> , <i>Lactobacillus casei</i> ssp. <i>casei</i> , <i>Lactobacillus casei</i> ssp. <i>thamnosus</i> , <i>Lactobacillus paracasei</i> , <i>Lactobacillus plantarum</i> , <i>Lactobacillus delbrueckii</i> ssp. <i>bulgaricus</i> , <i>Lactobacillus salivarius</i> , <i>Streptococcus thermophilus</i>		
Genesis Today's Glycemic Support Blend	260 mg	†
Bitter Melon Fruit Extract, <i>Gymnema sylvestre</i> leaf, Organic Cinnamon Bark		
Genesis Today's Heat Generating Blend	225 mg	†
Basil leaf, Cumin seed, Turmeric root, L-Glutamine, Orange peel, Organic Maca root, Cardamom seed, Centaury herb, Clove flowers, Gentian root		

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Rebiana A (stevia leaf extract).

*CFUs represented are at time of manufacture.

Sourced, Formulated, Quality Tested & Distributed by Genesis Today, Inc., Austin, TX 78744 • (800) 916-6642 • GenesisToday.com



Directions: Mix one (1) scoop of Fiber into 6 to 8 oz. of water or beverage of choice and stir briskly. Drink one or more servings daily.

Proper Care & Storage: After opening, store in your freezer (recommended) or refrigerator to maintain optimal freshness.

Caution: Do not use if seal around cap is broken. Keep out of reach of children.

