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GNC QUALITY COMMITMENT

For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



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WOMEN'S IRON COMPLETE™

Iron is a vital nutrient that plays an essential role in forming healthy red blood cells and transporting oxygen.* An estimated 62% of women over age 20 may not be meeting the Recommended Daily Intake (RDI) for iron. GNC Iron Complete™ is a high potency formula that combines 30 mg of iron with iron-enhancing nutrients.

Iron

- Plays a vital role in the formation of healthy red blood cells, energy utilization and muscle function.*

B-vitamins

- Provides folic acid and vitamin B-12, which are required for proper red blood cell formation.*

Iron-enhancing ingredients

- Includes nutrients like vitamin C and copper, which are important in iron absorption.*

Enteric coated

- †GNC Iron Complete™ is enteric coated to be gentler on the stomach, which allows caplets to break down in the small intestine and helps reduce stomach upset.

To ensure a more complete nutritional program, be sure to include one of GNC's premium Women's Ultra Mega® multivitamin formulas in your daily regimen.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

WOMEN'S Iron Complete™

Dietary Supplement

**HIGH POTENCY
FORMULA**

- 30 mg of blood-building iron*
- With added B-vitamins essential for blood cell formation*
- Enhances iron absorption with key nutrients vitamin C and copper*
- Enteric coated to be gentle on the stomach†

60 CAPLETS

CODE 164611

HOG

Directions: As a dietary supplement, take one caplet daily.

Supplement Facts

Serving Size One Caplet

Amount Per Serving		% Daily Value
Vitamin C (as Ascorbic Acid)	50 mg	83%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Iron (as Ferrous Fumarate)	30 mg	167%
Copper (as Copper Gluconate)	2 mg	100%

Other Ingredients: Dicalcium Phosphate, Cellulose, Calcium Caseinate, Potassium Gluconate, Enteric Coating (Methacrylic Acid Copolymer, Propylene Glycol, Triethyl Citrate).

CONTAINS: Milk.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Conforms to USP <2091> for weight.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, No Gluten, No Corn, No Soy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

To ensure a complete nutritional program, take daily with these GNC products:

- Women's Ultra Mega® Multivitamin
- Triple Strength Fish Oil
- Ultra Probiotic Complex 25
- Calci-Mate Complete™