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*Suntheanine*®

**GNC**  
HERBAL PLUS®

CODE 199512

BRG

Directions: As a dietary supplement, take two to four capsules one hour before bedtime.

KEEP OUT OF REACH  
OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

# Natra Sleep™

HERBAL SUPPLEMENT

*Supports Restful  
Sleep\**

*Vegetarian  
Herbal Blend*

100 CAPSULES



## Supplement Facts

Serving Size Two Capsules

Servings Per Container 50

### Amount Per Serving

Passion Flower (*Passiflora incarnata*) ..... 200 mg\*

Lemon Balm Herb Extract..... 150 mg\*  
(*Melissa officinalis*)

Valerian Root Extract..... 150 mg\*  
(*Valeriana officinalis*)  
(0.8% Valerenic Acid = 1.2 mg)

Chamomile Flower.....100 mg\*

Suntheanine® L-Theanine ..... 50 mg\*

\* Daily Value not established.

**Other Ingredients:** Cellulose, Vegetable Cellulose Capsule, Stearic Acid Vegetable Source.

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Sugar, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat, Gluten Free, No Soy, No Dairy, Yeast Free.



GLUTEN  
FREE

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Lot No./Best By: