

GNC Preventive Nutrition® products are precisely formulated to provide clinical strength ingredients and additional nutrients that address key health concerns. Each premium formula is designed to be used in conjunction with your physician recommended healthcare regimen.

PREVENTIVE NUTRITION® HEALTHY BLOOD SUGAR FORMULA

Contains a specialized blend of clinically studied ingredients, additional key nutrients and a lifestyle program designed to support normal, healthy blood sugar levels.*

GLUCOSE SUPPORT

Features a specialized blend of herbal ingredients including cinnamon, bitter melon and Touchi extract, which has been clinically shown to support normal, healthy blood glucose levels.*†

METABOLISM & INSULIN SUPPORT

Includes vanadium and B-vitamins for metabolism and energy support, and zinc to support glucose utilization and insulin production.*

ANTIOXIDANT SUPPORT

Has resVida® Resveratrol, which is clinically shown to enhance blood vessel dilation.^ Also features a clinically studied herbal blend that offers additional powerful antioxidant support and supports a healthy inflammatory response.*

^In a randomized, double-blind, placebo-controlled crossover study, 19 volunteers consumed 3 doses of resVida® (30 mg, 90 mg, 270 mg) and a placebo at weekly intervals. Flow-mediated dilation (FMD) of the brachial artery was measured one hour after ingestion of each treatment and was significantly increased at all 3 doses relative to placebo. 30 mg of resVida® demonstrated 2.5% greater increase in FMD relative to placebo.

†In a randomized, double-blind, placebo-controlled trial that included 47 participants, those who took 300 mg of Touchi extract 3 times each day before meals for 6 months experienced positive support for normal, healthy blood glucose levels. Differences for baseline values for both fasting blood glucose and HbA1C were statistically different versus placebo.

‡The proprietary blend of flavonoids from *Acacia catechu* and *Scutellaria baicalensis* extracts has been shown to act upon metabolic processes in the body related to supporting a healthy inflammatory response.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

PREVENTIVE NUTRITION®

Healthy Blood Sugar FORMULA

SCIENTIFICALLY FORMULATED
NUTRITION SOLUTIONS

- Clinically shown to support normal, healthy blood glucose levels with Touchi extract*†
- Provides support for normal insulin utilization & production*
- Fuels carbohydrate metabolism & supports a healthy inflammatory response*‡

DIETARY SUPPLEMENT
90 CAPLETS



CODE 714212

Directions: As a dietary supplement, take one caplet three times a day before meals.

Supplement Facts

Serving Size Three Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	900 mcg 60%
Riboflavin (Vitamin B-2)	900 mcg 53%
Vitamin B-6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	900 mcg 45%
Vitamin B-12 (as Cyanocobalamin)	45 mcg 750%
Biotin	90 mcg 30%
Zinc (as Zinc Oxide)	15 mg 100%
Chromium (as Chromium Hydrolyzed Protein Chelate)	200 mcg 167%
Glucose Support Blend	
Touchi Extract (Fermented Soybean Extract)	900 mg *
Cinnamon Bark Extract (<i>Cinnamomum zeylanicum</i>)	250 mg *
Bitter Melon Powder (<i>Momordica charantia</i>)	50 mg *
Carbohydrate Metabolism Matrix	
alpha-Lipoic Acid	300 mg *
Vanadium (as Vanadyl Sulfate)	50 mcg *
Antioxidant Support Complex	
Proprietary Blend Cutch Tree Wood and Bark Extract (<i>Acacia catechu</i>), Chinese Skullcap Root Extract (<i>Scutellaria baicalensis</i>)	62.5 mg *
resVida® trans-Resveratrol	30 mg *
Lutemax® 2020 Lutein	10 mg *
Zeaxanthin	2 mg *

* Daily Value not established.

Other Ingredients: Cellulose, Dicalcium Phosphate.

CONTAINS: Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Artificial Colors, No Wheat, Gluten Free, No Dairy.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.



OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

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resVida

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