



Suggested usage: 1 softgel 1–2 times per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Keep out of the reach of children.

Super Cod Liver Oil softgels are an excellent source of preformed vitamins A and D, providing good support for overall good health.* Vitamins A and D work synergistically to promote healthy vision, skin and mucous membranes, and maintain strong bones and teeth.* Vitamin D increases the body's absorption of calcium from food.* Its role in regulating calcium levels also helps regulate the immune system and maintain healthy nerves and muscles.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF ICELAND
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

**Purity & Potency
Guaranteed**



natural Factors®

Super Cod Liver Oil

90 Softgels

PROVIDES VITAMINS A & D

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%‡
Cholesterol	5 mg	2%‡
Vitamin A (palmitate) (cod liver oil)	750 mcg (2500 IU)	50%
Vitamin D (cholecalciferol) (cod liver oil)	5 mcg (200 IU)	33%
Cod Liver Oil	1100 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Softgel (gelatin, glycerin, purified water).

Contains fish (cod).

