

GNC Preventive Nutrition® products are precisely formulated to provide clinical strength ingredients and additional nutrients that address key health concerns. Each premium formula is designed to be used in conjunction with your physician recommended healthcare regimen.

OUR QUALITY COMMITMENT TO YOU Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find you a replacement product that is right for you.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



resVida® is a trademark
of DSM.



Lutemax® 2020 is a
trademark of Gmaceuticals
Health Technologies

PREVENTIVE NUTRITION® BRAIN HEALTH FORMULA

Contains a potent blend of clinically studied ingredients, additional key nutrients and a lifestyle program designed to support brain and memory health.*

BRAIN FUNCTION SUPPORT

Features key nutrients including huperzine A, tyrosine and choline to promote healthy neurotransmitter function.* Phosphatidylserine and premium forms of vitamins B-6 and B-12 offer added support to help maintain nervous system health.*

BLOOD FLOW & CIRCULATION SUPPORT

Contains premium nutrients to support healthy blood flow and circulation including resVida® Resveratrol, clinically shown to enhance blood vessel dilation,[†] and ginkgo biloba, which supports increased peripheral blood flow.*

ANTIOXIDANT SUPPORT

Provides powerful antioxidants that work to protect healthy cells from damage caused by harmful free radicals.* The superior form of lutein in this formula is clinically shown to have 268% greater bioavailability than regular lutein.[‡]

[†]In a randomized, double-blind, placebo controlled crossover study, 19 volunteers consumed 3 doses of resVida® (30 mg, 90 mg, 270 mg) and a placebo at weekly intervals. Flow-mediated dilation (FMD) of the brachial artery was measured one hour after ingestion of each treatment and was significantly increased at all 3 doses relative to placebo. 30 mg of resVida® demonstrated 2.5% greater increase in FMD relative to placebo.

[‡]In a randomized, double-blind, crossover study of 13 healthy volunteers, subjects took 20 mg of lutein in the form of Lutemax® 2020 or regular lutein on two occasions. Lutemax® 2020 resulted in statistically significantly higher lutein concentrations in the blood over the first 24 hour period in the subjects compared to when they took regular lutein.

GNC

PREVENTIVE NUTRITION®

Brain Health FORMULA

SCIENTIFICALLY FORMULATED NUTRITION SOLUTIONS

- Features clinically studied ingredients to support memory function & retention*
- Provides a powerful neuro-protective complex to help prevent the breakdown of key neurotransmitters*
- Improves circulation for delivery of key nutrients for brain health*



DIETARY SUPPLEMENT
60 CAPLETS

CODE 714112

Directions: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	50 mg 83%
Vitamin D-3 (as Cholecalciferol)	200 IU 50%
Vitamin B-6 (as Pyridoxine Hydrochloride & Pyridoxal-5-Phosphate)	50 mg 2500%
Folic Acid (as Folic Acid & 5-Methyltetrahydrofolate)	100 mcg 25%
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1666%

Brain Function Support Blend

L-Tyrosine	500 mg *
Choline (as Choline Bitartrate)	100 mg *
Acetyl L-Carnitine (as Acetyl L-Carnitine Hydrochloride)	100 mg *
Phosphatidylserine	100 mg *
DMAE (2-(Dimethylamino)ethanol)	10 mg *
Huperzine A	100 mcg *

Blood Flow & Circulation Support Complex

Ginkgo biloba Leaf Extract (24% Ginkgo Flavonoglycosides 28.8 mg, 6% Terpene Lactones 7.2 mg)	120 mg *
Turmeric Root Extract (<i>Curcuma longa</i>) (Curcumin 20% = 10 mg)	50 mg *
resVida® trans-Resveratrol	30 mg *
Astaxanthin	1 mg *

Antioxidant Support Blend

Bacopa monnieri Leaf Extract	100 mg *
Ashwagandha Root Extract (<i>Withania somnifera</i>)	50 mg *
Ginger Root Powder (<i>Zingiber officinalis</i>)	23 mg *
Lutemax® 2020 Lutein	7 mg *

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide, Vegetable Acetoglycerides.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Do not exceed recommended intake.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Artificial Colors. No Artificial Flavors. No Wheat, Gluten Free, No Dairy.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration.