



burp less⁺ fish oil

554 mg per mini softgel

supports eye, brain and heart health**
purified to remove mercury††

*enteric coated to help control
fish burps



HEART
HEALTH**

120

SOFTGELS

120 SOFTGELS DIETARY SUPPLEMENT



ACTUAL
SIZE

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 2 Mini Softgels
Servings Per Container 60

Amount Per Serving	% Daily Value
Calories 15	
Calories from Fat 10	
Total Fat 1 g	2%*
Polyunsaturated Fat 1 g	†
Cholesterol 5 mg	2%
Fish Oil 1.108 g (1108 mg)	†
Omega-3 Fatty Acids 712 mg	
EPA (eicosapentaenoic acid) 512 mg	
DHA (docosahexaenoic acid) 200 mg	

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Ingredients: Fish Body Oil, Gelatin, Glycerin, Ethylcellulose, Ammonium Hydroxide, Sodium Alginate, Medium Chain Triglycerides, Oleic Acid, Natural Mixed Tocopherols, Stearic Acid.
CONTAINS: ANCHOVY, SARDINE, MACKEREL, SOY

HEART HEALTH**

Omega-3 fatty acids from fish oil are considered the "good" fats important for cellular, heart and vascular health.** Fish oil is a natural source of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), essential fatty acids which may help maintain triglyceride levels already within the normal range.** Omega-3 fatty acids are necessary for many vital functions in the body and support heart, skin and joint health.**

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. [See nutrition information for total fat and cholesterol content.]

†This fish oil product is manufactured using state-of-the-art purification methods to remove contaminants, such as mercury, to guarantee its purity and potency. The threshold for mercury detection is 0.005 parts per million.

No yeast, wheat, milk, milk derivatives, lactose, preservatives, artificial color, artificial flavor.

Suggested Use: Adults - Take two Mini Softgels daily with food. Do not exceed suggested use.

As with any supplement, if you are pregnant or nursing a baby, if you are taking any over-the-counter or prescription medication, planning any medical procedure, have a medical condition or have bleeding problems, ask a doctor before using this product.

Not formulated for use in children.

Keep out of reach of children.

Store at room temperature (59°-86°F) (15°-30°C).

Keep bottle tightly closed.

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Questions? Call 1-800-910-0874

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