

KEEP OUT OF REACH
OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



GNC

Melatonin

5 MG

Supports restful sleep*

DIETARY SUPPLEMENT
60 VEGETARIAN TABLETS

CODE 109212

BRG

Directions: As a dietary supplement, take one tablet before bedtime. Do not exceed recommended dosage in any 24-hour period.

Supplement Facts

Serving Size One Tablet

Amount Per Serving

Melatonin	5 mg*
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* Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Cellulose.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Potency verified by GNC procedure #5008.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

**ACTUAL
SIZE**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: