

Natural Alternatives International (NAI) is the owner of the patent estate and registered trademark CarnoSyn®.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



GNC
PRO
PERFORMANCE

3200MG
BETA-ALANINE

BETA-ALANINE

Boosts Muscle Carnosine Levels, a Key
Fatigue-Controlling Factor*

Clinically Studied Muscle pH Buffer*

DIETARY SUPPLEMENT
120 TABLETS

CODE 988017

FRG

PRO PERFORMANCE® RESULTS

Beta-Alanine is clinically shown to increase levels of carnosine, a performance factor supporting muscle function.*

DIRECTIONS: As a dietary supplement, take two tablets twice daily with food. For best results, take two tablets two hours before exercise and two tablets two hours after exercise.

Supplement Facts

Serving Size Four Tablets
Servings Per Container 30

Amount Per Serving

CarnoSyn® Beta-Alanine	3200 mg*
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* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Vegetable Acetoglycerides, Caramel Color, Mica, Titanium Dioxide (Natural Mineral Whitener).

WARNING: For adult use only. Taking this product may cause tingling and flushing sensations. These sensations may be enhanced if taken close to or during exercise. This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Conforms to USP <2091> for weight. Meets USP <2040> for disintegration.

No Sugar, No Starch, No Artificial Colors,
No Artificial Flavors, No Preservatives,
Sodium Free, No Wheat, Gluten Free,
No Corn, No Soy, No Dairy, Yeast Free.



GLUTEN
FREE

ACTUAL SIZE

Lot No./Best By: