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Manufactured for:
Quality Supplements and
Vitamins, Inc.
Ft. Lauderdale, FL 33309

LifeExtension.com

To report a serious adverse
event or obtain product
information, contact

1-866-280-2852.

QE02198A

Once-Daily Health Booster (Formerly Super Booster)

Supplement Facts

Serving Size 1 Softgel		
Amount Per Serving	% Daily Value	
Vitamin E (as D-alpha tocopherol)	45 IU	150%
Vitamin K activity from:	2700 mcg	3375%
Vitamin K1 (as phytonadione)	1500 mcg	
Vitamin K2 (as menaquinone-4)	1000 mcg	
Vitamin K2 (as menaquinone-7)	200 mcg	
Vitamin B12 (as methylcobalamin)	300 mcg	5000%
Gamma E mixed tocopherols	360 mg	**
MacuGuard® proprietary blend: phospholipids, marigold extract (flower) [providing 10 mg free lutein, 4 mg <i>meso</i> -zeaxanthin & <i>trans</i> -zeaxanthin], mixed carotenoids [providing 1.24 mg α -carotene]	173 mg	**
Chlorophyllin (from sodium magnesium chlorophyllin)	100 mg	**
Wild blueberry whole extract (fruit)	100 mg	**
Saffron extract (stigma)	20 mg	**
Sesame seed lignan extract	20 mg	**
Lycopene proprietary blend (from micronized lycopene and Lyc-O-Mato® natural tomato extract [fruit])	10 mg	**
C3G (cyanidin-3-glucoside) [from European black currant extract (fruit)]	2.2 mg	**

**Daily Value not established.

Other Ingredients: gelatin, flax seed oil, glycerin, corn oil, maltodextrin, purified water, safflower oil, silica, palm oil, carob color, cellulose.

Non-GMO

Super Bio-Curcumin®

Supplement Facts

Serving Size 1 Vegetarian Capsule		
Amount Per Serving	% Daily Value	
BCM-95® Bio-Curcumin® turmeric 25:1 extract (root) [std. to 95% Total Curcuminoids Complex with Essential Oils of Turmeric Rhizome by HPLC (380 mg)]	400 mg	**

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, stearic acid, silica.

Non-GMO

Two-Per-Day Capsules

Supplement Facts

Serving Size 2 Capsules • Servings Per Container 30		
Amount Per Serving	% Daily Value	
Vitamin A (as beta-carotene, acetate)	5000 IU	100%
Vitamin C (as ascorbic acid, niacinamide and calcium ascorbates)	500 mg	833%
Vitamin D3 (as cholecalciferol)	2000 IU	500%
Vitamin E (as D-alpha tocopheryl succinate, D-alpha tocopherol)	100 IU	333%
Thiamine (vitamin B1) (as thiamine HCl)	75 mg	5000%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5'-phosphate)	50 mg	2941%
Niacin (as niacinamide, niacinamide ascorbate)	50 mg	250%
Vitamin B6 (as pyridoxine HCl, pyridoxal 5'-phosphate)	75 mg	3750%
Folate (as L-5-methyltetrahydrofolate calcium salt)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	300 mcg	5000%
Biotin	300 mcg	100%
Pantothenic acid (as D-calcium pantothenate)	100 mg	1000%
Calcium (as D-calcium pantothenate, Ca ascorbate, dicalcium phosphate)	10 mg	1%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc citrate, L-OptiZinc® zinc mono-L-methionine sulfate)	30 mg	200%
Selenium [as sodium selenite, SelenoExcell® high selenium yeast, Se-methyl L-selenocysteine]	200 mcg	286%
Manganese (as manganese citrate, gluconate)	2 mg	100%
Chromium [as Crominex® 3+ chromium stabilized with Capros® amla extract (fruit), PrimaVie® Shilajit]	200 mcg	167%
Molybdenum (as molybdenum amino acid chelate)	100 mcg	133%
Potassium (as potassium citrate)	25 mg	1%
Alpha lipoic acid	25 mg	**
Boron (as boron amino acid chelate)	3 mg	**
Choline (as choline bitartrate)	20 mg	**
Inositol	50 mg	**
Marigold extract (flower) [std. to 5 mg <i>trans</i> -lutein, 155 mcg <i>trans</i> -zeaxanthin]	11.12 mg	**
Lycopene [from Tomat-O-Red® natural tomato extract (fruit)]	1 mg	**
Natural mixed tocopherols (providing gamma, delta, alpha, beta)	20 mg	**
Apigenin	5 mg	**

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), vegetable stearate, rice flour, microcrystalline cellulose, silica, maltodextrin, chlorophyllin.

Contains soybeans.



LifeExtension®

Comprehensive Nutrient Packs ADVANCED



Daily Supply of Key Nutrients in Convenient Packs

Dietary Supplement

30 Packs

Super Ubiquinol CoQ10 Enhanced Mitochondrial Support™

Supplement Facts

Serving Size 1 Softgel		
Amount Per Serving	% Daily Value	
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1%*
Ubiquinol (as Kaneka Ubiquinol™)	100 mg	**
PrimaVie® Shilajit fulvic acid complex	100 mg	**

**Daily Value not established. *Based on a 2,000 calorie per day diet.

Other ingredients: sunflower oil, gelatin, glycerin, purified water, beeswax, sunflower lecithin, annatto color.

Non-GMO

OMEGA FOUNDATIONS® Super Omega-3 EPA/DHA with Sesame Lignans & Olive Fruit Extract

Supplement Facts

Serving Size 2 Softgels • Servings Per Container 30		
Amount Per Serving	% Daily Value	
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4%*
Cholesterol	<5 mg	2%*
Pure+™ Wild Fish Oil Concentrate	2000 mg	**
Yielding: EPA (eicosapentaenoic acid)	700 mg	**
DHA (docosahexaenoic acid)	500 mg	**
Typical DPA (docosapentaenoic acid)	50 mg	**
Polyphen-Oil™ Olive extract (fruit and leaf) [providing 19.5 mg polyphenols, 5.2 mg hydroxytyrosol/tyrosol, 4.4 mg verbascoside/oleuropein]	300 mg	**
Sesame seed lignan extract	10 mg	**

**Daily Value not established. *% Daily Value is based on a 2000 calorie diet.

Other ingredients: highly refined fish oil concentrate (Alaska Pollock), gelatin, glycerin, purified water, silica, natural flavor, caramel color, sunflower lecithin, mixed tocopherols, maltodextrin, rosemary extract.

Non-GMO

DIRECTIONS: Take one (1) packet daily with a meal, or as recommended by a healthcare practitioner. To ensure product consistency, store tightly closed in a cool, dry place.

CAUTION: Individuals consuming more than 2,000 IU/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement. Vitamin D supplementation is not recommended for individuals with high blood calcium levels. If you are taking anticoagulant or antiplatelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product. Do not take if you have gallbladder problems or gallstones.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.