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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



GNC

VITAMIN
B-12
500 MCG

Essential for carbohydrate metabolism
& energy production*

Required for red blood cell formation*

DIETARY SUPPLEMENT
100 VEGETARIAN TABLETS

CODE 099314

BRG

Directions: As a dietary supplement, take one or two tablets daily.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	
Vitamin B-12 (as Cyanocobalamin)	500 mcg	8333%

Other Ingredients: Dextrose, Dicalcium Phosphate, Whole Brown Rice Powder (*Oryza sativa*).

Potency verified by GNC procedure #5037. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat, Gluten Free, No Soy, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: