

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

GNC
HERBAL PLUS®

CODE 195312

CRG

Directions: As a dietary supplement, take one to two capsules before bedtime.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

Valerian Root Extract 500_{MG}

HERBAL SUPPLEMENT

*Promotes Rest
and Relaxation**

*Vegetarian
Standardized Extract*

50 CAPSULES



Supplement Facts

Serving Size One Capsule

Amount Per Serving

Valerian Root Extract	500 mg*
(<i>Valerian officinalis</i>)	
(0.8% Valerenic Acids = 4 mg)	

* Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Sugar, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat, Gluten Free, No Soy, No Dairy, Yeast Free.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Lot No./Best By: