CODE 705917

KPG

AM PACKET

DIRECTIONS: As a dietary supplement, take the contents of one AM Packet first thing in the morning for seven days.

GASTRO FORMULA - AM PACKET

Supplement Facts

Serving Size One Yellow Tablet

Amount Per Serving		
Fennel Seed Powder (*Foeniculum vulgare*)	200 mg	*
Artichoke Leaf Extract (*Cynara scolymus*) (2% Phenols = 2 mg)	100 mg	*
Ginger Root Extract (*Zingiber officinale*) (5% Gingerols = 5 mg)	100 mg	*
Licorice Root Extract (*Glycyrrhiza glabra*)	70 mg	*
Peppermint Leaf (*Mentha piperita*)	0.2 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Calcium Carbonate, Dicalcium Phosphate, Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Riboflavin.

ACTUAL SIZE

TOTAL CLEANSER - AM PACKET

Supplement Facts

Serving Size Two Yellow Tablets

Amount Per Serving		
Garlic Bulb Powder (*Allium sativum*)	700 mg	*
Clove Bud Powder (*Eugenia caryophyllata*)	300 mg	*
Pomegranate Fruit Extract (*Punica granatum*)	200 mg	*
Fructooligosaccharides (FOS)	200 mg	*
Curcumin	140 mg	*
Ginger Root Extract (*Zingiber officinale*) (5% Gingerols = 5 mg)	100 mg	*
Chamomile Flower (*Matricaria recutita*)	75 mg	*
Licorice Root Powder (*Glycyrrhiza glabra*)	35 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Calcium Carbonate, Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Riboflavin (Color).

ACTUAL SIZE

ENZYME BLEND - AM PACKET

Supplement Facts

Serving Size One Beige Hardshell

Amount Per Serving		
n•zimes® Proprietary Blend	181 mg	*
Amylase	8500 DU	
alpha-Galactosidase	200 GalU	
Bromelain	250000 FCCPU	
Cellulase	200 CU	
Glucoamylase	10 AGU	
Invertase	275 SU	
Lactase	1000 ALU	
Lipase	375 FIP	
Papain	50000 FCCPU	
Protease 3.0	7 SAPU	
Protease 4.5	10000 HUT	
Protease 6.0 Concentrate	2500 HUT	
CereCalase® Proprietary Blend	18 mg	*
Hemicellulase		
beta-Glucanase		
Phytase		

* Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Gelatin.
CONTAINS: Fish, Milk, Soybeans and Wheat.

n•zimes® (n•zimes® and CereCalase® are trademarks of National Enzyme Company.

ACTUAL SIZE

PROBIOTIC - ACIDOPHILUS

DIRECTIONS: As a dietary supplement, take one capsule daily with food for seven days.

Supplement Facts

Serving Size One Capsule

Amount Per Serving		
L. acidophilus CUL-60 and CUL 21, *Bifidobacterium bifidum* CUL-73	4 billion CFU	*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Cellulose Capsule, Titanium Dioxide.
CONTAINS: Milk.

ACTUAL SIZE

FIBER AND PREBIOTIC BLEND PACKET

DIRECTIONS: As a dietary supplement, mix 1 packet with 4-6 fl oz of cold water or juice; drink with breakfast.

Supplement Facts

Serving Size One Packet (10g)

Amount Per Serving		% Daily Value
Calories	35	
Total Carbohydrate	9 g	3%†
Dietary Fiber	4 g	16%†

† Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Inulin, Gum Arabic, Soy Fiber, Purified Powdered Cellulose, High Amylose Corn Starch, Natural Citrus Flavor, Acesulfame Potassium.
CONTAINS: Soybeans.

GNC QUALITY COMMITMENT
For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE
If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

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KEEP OUT OF REACH OF CHILDREN.
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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

PM PACKET

DIRECTIONS: As a dietary supplement, take the contents of one PM Packet with dinner for seven days.

ENZYME BLEND - PM PACKET

Supplement Facts

Serving Size One Beige Hardshell

Amount Per Serving		
n•zimes® Proprietary Blend	181 mg	*
Amylase	8500 DU	
alpha-Galactosidase	200 GalU	
Bromelain	250000 FCCPU	
Cellulase	200 CU	
Glucoamylase	10 AGU	
Invertase	275 SU	
Lactase	1000 ALU	
Lipase	375 FIP	
Papain	50000 FCCPU	
Protease 3.0	7 SAPU	
Protease 4.5	10000 HUT	
Protease 6.0 Concentrate	2500 HUT	
CereCalase® Proprietary Blend	18 mg	*
Hemicellulase		
beta-Glucanase		
Phytase		

* Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Gelatin.
CONTAINS: Fish, Milk, Soybeans and Wheat.

ACTUAL SIZE

BLOOD CIRCULATION - PM PACKET

Supplement Facts

Serving Size One Red Tablet

Amount Per Serving		
Sarsaparilla Root Powder (*Smilax officinalis*)	350 mg	*
Butcher's Broom Root Powder (*Ruscus aculeatus*)	200 mg	*
Cayenne Pepper (*Capsicum frutescens*)	50 mg	*
Green Tea Leaf Extract (*Camellia sinensis*)	30 mg	*
Grape Seed Extract (*Vitis vinifera*)	25 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Calcium Carbonate, Dicalcium Phosphate, Cellulose, Vegetable Acetoglycerides, Carmine Color, Titanium Dioxide (Natural Mineral Whitener).

ACTUAL SIZE

LIVER CLEANSER - PM PACKET

Supplement Facts

Serving Size One Green Tablet

Amount Per Serving		
Picrorrhiza Root Extract (*Picrorrhiza kurrooa*) (5% Picrosides = 20 mg)	400 mg	*
Milk Thistle Seed Extract (*Silybum marianum*) (80% Silymarin = 160 mg)	200 mg	*
Turmeric Root Extract (*Curcuma longa*) (95% Curcumin = 95 mg)	100 mg	*
Betaine	50 mg	*
N-Acetyl-L-Cysteine	50 mg	*
Green Tea Leaf Extract (*Camellia sinensis*)	30 mg	*
alpha-Lipoic Acid	10 mg	*
L-Methionine	100 mcg	*

* Daily Value not established.

OTHER INGREDIENTS: Calcium Carbonate, Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Chlorophyllin.

ACTUAL SIZE

KIDNEY HEALTH - PM PACKET

Supplement Facts

Serving Size One White Tablet

Amount Per Serving		
Cranberry Fruit Powder (*Vaccinium macrocarpon*)	250 mg	*
Parsley Herb Powder (*Petroselinum crispum*)	100 mg	*
Uva Ursi Leaf Extract (*Arctostaphylos uva ursi*)	100 mg	*
Goldenseal Root Extract (*Hydrastis canadensis*) (5% Hydrastine = 3.75 mg)	75 mg	*
Juniper Berry Extract (*Juniperus communis*)	75 mg	*
Ginger Root Extract (*Zingiber officinale*) (5% Gingerols = 2.5 mg)	50 mg	*
Marshmallow Root Powder (*Althaea officinalis*)	50 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Calcium Carbonate, Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

ACTUAL SIZE

GNC PREVENTIVE NUTRITION®

DETOX

Complete Body Cleansing

7-Day Program

DIETARY SUPPLEMENT

- Easy-to-use daily program designed to support digestive health*
- Gently rids the body of toxins
- No fasting required
- Gentle enough for first-time users

7 - AM Packets • 7 - PM Packets
7 - Fiber and Prebiotic Packets
7 - Probiotic Capsules

Preventive Nutrition® Complete Body Cleansing Program is a 7-day system designed to support overall wellness and digestive health.*

AM Formula

Each AM Formula packet contains a Gastro Formula, Total Cleanser and Enzyme Blend. This packet combines specialized herbs such as ginger, artichoke and pomegranate with fructooligosaccharides (FOS) to help promote intestinal health.* It also provides digestive enzymes to help promote protein, carbohydrate and fat digestion.*

PM Formula

Each PM Formula packet supplies a Blood Circulation Formula, Liver Cleanser, Kidney Health Formula and Enzyme Blend. This packet blends the popular herbs cayenne, goldenseal and milk thistle, which supports liver function, with antioxidants such as green tea and grape seed extract.* It also provides digestive enzymes that help promote digestion.*

Probiotic - Acidophilus

Introduces beneficial probiotics, acidophilus and bifidobacterium. These organisms are important in promoting the health of the digestive tract.* They not only help maintain the health of the digestive tract but also have a direct influence on the balance of the body's natural flora.* These beneficial flora also support healthy immune function and when taken on a regular basis, support overall digestive health.*

Fiber and Prebiotic Blend

Fiber is a necessary component of everyone's diet. Among the many health benefits of fiber, it is most commonly recognized for its ability to aid in the digestion process.* Fiber plays a critical role in the intestinal transit time; it serves as a bulking agent and also provides relief from occasional constipation.* This specially formulated blend features multiple fibers that promote and support daily digestive health.* Unlike other fiber products that typically target the end of the colon, this fiber and prebiotic blend is site specific and provides fibers that work at the beginning, middle and end of the large intestines. By offering this diverse group of fibers, this patented formula helps to improve bowel cleansing without urgency or discomfort.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.