Amount Per Serving		% D\
Calories	25	
Total Carbohydrate	6 g	2%*
Sugars	6 g	
Vitamin C (as ascorbic acid, zinc ascorbate, chromium ascorbate)	1,000 mg	1,667%
Thiamin (as thiamine hydrochloride)	0.38 mg	259
Riboflavin (as riboflavin 5'-phosphate sodium)	0.43 mg	25%
Niacin	5 mg	259
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg	5009
Folic Acid	12.5 mcg	39
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	4179
Pantothenic Acid (as calcium pantothenate)	2.5 mg	25%
Calcium (as calcium carbonate, calcium phosphate, calcium pantothenate)	50 mg	5%
Phosphorus (as potassium phosphate, calcium phosphate, sodium phosphate)	38 mg	49
Magnesium (as magnesium hydroxide, magnesium carbonate)	60 mg	15%
Zinc (as zinc ascorbate)	2 mg	139
Manganese (as manganese gluconate)	0.5 mg	25%
Chromium (as chromium ascorbate)	10 mcg	89
Sodium (as sodium bicarbonate, sodium phosphate)	60 mg	39
Potassium (as potassium bicarbonate, potassium carbonate, potassium phosphate)	200 mg	69
Alpha Lipoic Acid	1 mg	
Quercetin	1 mg	-

Foothill Ranch, CA 92610

DIETARY SUPPLEMENT

FEEL THE GOOD®

THE HEALTHY WAY TO FEEL GOOD EVERY DAY!

Mix up a packet of zingy Lemon Lime Emergen-C and watch it fizz. Don't worry about prepping your pucker, you're in for a lip-smacking sweet citrus blast. With each sip of this great tasting, naturally flavored and naturally sweetened vitamin drink mix you can feel the 24 nutrients flow through your body in a wave of Emergen-C rejuvenation. The powerful blend of vitamins. antioxidants and minerals boost your immunity, increase your metabolic function and ignite your energy level* - without caffeine. If feeling good is your thing, you found the right box.

Check out all our flavors and formulas at emergenc.com

Much more than just Vitamin C

1,000 mg of vitamin C. zinc. quercetin and antioxidants power up your immune system to promote

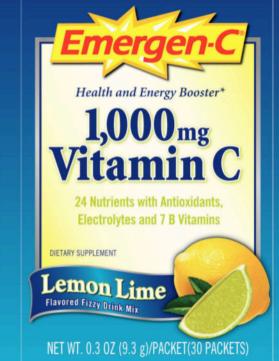
overall health.*

7 B Vitamins including B₁, B₂, B₃, B₆ & B₁₂ offer a natural energy boost* - no caffeine, no crash.

ELECTROLYTE BOOST Great for post-workout - replace key minerals and electrolytes like potassium, sodium, calcium &

magnesium lost through perspiration.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





Health and Energy Booster*

1,000_{mg}Vitamin C

24 Nutrients with

Antioxidants • Electrolytes • 7 B Vitamins

DIETARY SUPPLEMENT

Lemon Lime
Flavored Fizzy Drink Mix

NET WT. 0.3 OZ (9.3 g)/PACKET(30 PACKETS)