

Pump XXX is a fully dosed, non-stimulant formula designed to fuel nitric oxide production and maximize blood flow for intense muscle pumps.*

Includes:

- Cordiart™ Citrus Fruit Extract is clinically researched to enhance power output.**
- L-Arginine and L-Citrulline fuel nitric oxide production, an important signaling molecule that regulates blood flow.*
- resVida® Resveratrol is clinically shown to enhance blood vessel dilation for maximum blood flow and nutrient delivery*◇
- Creatine helps fuel muscle energy for athletic power, strength and performance.**

◇In a randomized, double-blind, placebo-controlled, crossover study, 19 volunteers consumed 3 doses of resVida® (30 mg, 90 mg, 270 mg) and a placebo at weekly intervals. Flow-mediated dilatation (FMD) of the brachial artery was measured one hour after ingestion of each treatment and was significantly increased at all 3 doses relative to placebo. 30 mg of resVida® demonstrated 2.5% greater increase in FMD relative to placebo.

*When used in conjunction with an exercise program.



Trusted by sport

Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2017 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested



PUMP XXX

- Fuels Nitric Oxide Production for Intense Muscle Pumps*
- Enhances Strength, Performance & Power Output**
- Zero Stimulants & Zero Sugar

5G CREATINE | **500MG** CORDIART™ | **3G** L-CITRULLINE

CLINICALLY RESEARCHED

FRUIT PUNCH

NATURAL + ARTIFICIAL FLAVORS



DIETARY SUPPLEMENT
30 SERVINGS
Net Wt 15.7 oz (444.6 g)

CODE 369896

DIRECTIONS: As a dietary supplement, mix one scoop (14.82 g) into 8-10 fl. oz. of cold water. Take prior to exercise. Use PUMP XXX in addition to your existing regimen. Consume ample amounts of water while taking this product.

Supplement Facts

Serving Size 1 Scoop (14.82g)

Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	10
Total Carbohydrate	3 g 1%†
Total Sugars	0 g *
Potassium	60 mg 1%
Creatine (as Creatine Monohydrate & Creatine Hydrochloride)	5000 mg *
L-Citrulline	3000 mg *
L-Arginine	1500 mg *
Cordiart™ Citrus Fruit Extract (<i>Citrus sinensis</i>) (standardized to 80% Rutinoid = 400 mg)	500 mg *
trans-Resveratrol (as resVida®)	30 mg *

† Percent Daily Values based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural & Artificial Flavors, Sucralose, Acesulfame Potassium, Potassium Chloride, Soy Oil & Lecithin Blend, Calcium Silicate, FD&C Red #40.

CONTAINS: Soy.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur.

Cordiart™ is a trademark of BioActor.



resVida® is a trademark of DSM.



GLUTEN
FREE

KEEP OUT OF REACH OF
CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

