

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



No Artificial Color or Flavor, No Preservatives, No Sugar, No Gluten, No Wheat, No Yeast, No Fish.



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Product No. 53612
B67192 04B

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. #53612
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured for
Vitamin World, Inc.
Holbrook, NY 11741 U.S.A.
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NUTRITION FROM THE SOURCE™

ULTRA MAN™

50 PLUS

DAILY MULTI | HIGH POTENCY

PERFORMANCE FORMULA FOR MEN OVER 50

MEN'S HEALTH*

30 COATED CAPLETS
DIETARY SUPPLEMENT

TIMED RELEASE

Directions: For adult men, take two (2) caplets daily, preferably with a meal.

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 15

Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene and Vitamin A Acetate)	5,000 IU 100%
Vitamin C (as Ascorbic Acid)	300 mg 500%
Vitamin D (as D3 Cholecalciferol)	2,000 IU 500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	30 mg 2,000%
Riboflavin (Vitamin B-2)	30 mg 1,765%
Niacin (as Niacinamide)	30 mg 150%
Vitamin B-6 (as Pyridoxine Hydrochloride)	30 mg 1,500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%
Biotin	500 mcg 167%
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg 300%

Amount Per Serving	%Daily Value
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	290 mg 29%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as Sodium Selenate)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Gluconate)	2 mg 100%
Chromium (as Chromium Picolinate)	200 mcg 167%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Potassium (as Potassium Chloride)	30 mg 1%
Choline Bitartrate	10 mg **
Inositol	10 mg **
Boron (as Boronorganic Glycine)	2 mg **
Vanadium (as Sodium Metavanadate)	10 mcg **

Amount Per Serving	%Daily Value
UM50+ Amino Acid Blend (L-Glutamine, L-Valine, L-Cysteine, L-Leucine, L-Isoleucine, L-Methionine, Taurine, N-Acetyl L-Carnitine Hydrochloride, L-Arginine, L-Carnitine)	50 mg **
UM50+ Bio-Active Blend (Flax (<i>Linum usitatissimum</i>) (seed), Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit), Pumpkin Seed (<i>Cucurbita pepo</i>), Lycopene)	120 mg **
UM50+ Herbal Blend (Citrus Bioflavonoid Complex (<i>Citrus limon</i>) (peel), Carrot Extract, Broccoli Extract, Grape Seed Extract (<i>Vitis vinifera</i>), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Elderberry (<i>Sambucus nigra</i>) (fruit), Black Currant (<i>Ribes nigrum</i>) (fruit), Alpha Lipic Acid, Co-Enzyme Q-10, Resveratrol from (<i>Polygonum cuspidatum</i>) (root), Pine Bark Extract (<i>Pinus pinaster</i>), Lutein)	50 mg **
UM50+ Vitality Blend (Green Tea (<i>Camellia sinensis</i>) (leaf), Cayenne Pepper (<i>Capsicum annuum</i>) (fruit), Spirulina, Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Neuro-PS® Phosphatidylserine)	100 mg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Acacia Gum, Calcium Silicate, Gelatin, Natural Palm Leaf Glaze, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains milk and soy ingredients.