

SUGGESTED USAGE: Take 1 capsule 1 to 2 times daily, or as recommended by your healthcare practitioner.

HOW IT WORKS: Taurine is a conditionally essential amino acid-like compound that is found in most tissues, but is especially abundant in the retina, heart, and nervous system. Taurine is involved in a number of physiological processes, including bile acid formation for fat digestion, maintenance of fluid balance, and regulation of cellular calcium concentration.* Taurine crosses the blood-brain barrier and is necessary for proper neurotransmission.* It is also critical for healthy muscular and cardiovascular function and is essential for normal vision.*

CAUTIONS/INTERACTIONS: No known interactions.

Do not eat freshness packet. Keep in bottle.

Natural color variation may occur in this product.

CODE
P0142B
V7



PROTOCOL
FOR LIFE BALANCE®

Taurine

1000 mg

- Nervous System Health*
- Healthy Visual Function*



100 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Taurine (Free-Form)	1 g (1,000 mg)*
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* Daily Value not established.

Other ingredients: Cellulose (capsule) and Stearic Acid (vegetable source).

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA
protocolforlife.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.