Suggested Use: As a dietary supplement, take one (1) packet mid-morning, one (1) packet mid-afternoon and one (1) packet at bedtime for seven days. Do not exceed three (3) packets daily. Allow three (3) to four (4) weeks between cleansing cycles. This product should be taken in conjunction with a sensible diet high in fresh fruit and vegetables and six (6) ounces of water eight (8) times daily.

CAUTION: Do not exceed recommended dose. Read and follow directions carefully. This product contains cape aloe (Aloe ferox), cascara sagrada, and senna leaves. This product is not intended for pregnant or nursing mothers or children under the age of 18. Do not use this product if you have abdominal pain, diarrhea or loose stools. Do not use this product for more than one week or exceed the recommended daily dose. Rectal bleeding and/or failure to have a bowel movement after the use of a laxative formula may be an indication of a more serious condition. Should this occur, or if you have a known medical condition and are taking medication, consult your physician prior to taking this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, prevent or diagnose any disease.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.



Formulated for: Vitabase.com Monroe, GA 30656

## vitabase

## 7-Day Cleanse

Formulated to Promote a Healthier Colon



Supplement Facts Serving Size 1 Packet (12 Capsules) Servings Per Container 21	Amount	% DV
Psyllium Husks	4500 mg	*
Flaxseed Oil	2000 mg	*
Cape Aloe (herb powder)	500 mg	*
Black Walnut (herb powder)	500 mg	*
Cascara Sagrada (herb powder)	600 mg	*
Spirulina	250 mg	*
Senna Leaves (herb powder)	100 mg	*
Fennel Seed (herb powder)	100 mg	*
African Bird Pepper (herb powder)	40 mg	*
Proprietary Blend	50 mg	*
Consisting of: Garlic, Red Clover Powder, Fenugreek Powder, Quassia Wood Powder, Black Cohosh Powder, Red Sage Powder, Goldenseal Powder and Gum Arabic Powder.		
Other ingredients: Gelatin, magnesium stearate Allergen Warning: Contains tree nuts (Black Walr		*********
* %Daily Value not established.		

Vitabase uses only high quality ingredients.