

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For More Information:
1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL SIZE



GNC

B-COMPLEX
Big 100[®]

Replenishes B-vitamins lost during stress*
Essential for energy production
& carbohydrate metabolism*

DIETARY SUPPLEMENT
100 VEGETARIAN CAPLETS

CODE 055102

ARG

Directions: As a dietary supplement, take one caplet daily.

Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	100 mg 6667%
Riboflavin (Vitamin B-2)	100 mg 5882%
Niacin (as Niacinamide)	100 mg 500%
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg 5000%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1667%
Biotin	100 mcg 33%
Pantothenic Acid (as Calcium d-Pantothenate)	100 mg 1000%
Choline Bitartrate	100 mg *
Inositol	100 mcg *
para-Aminobenzoic Acid (PABA)	30 mg *

* Daily Value not established.

Other Ingredients: Cellulose.

Potencies verified by GNC procedure #5103. Conforms to USP <2091> for weight.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

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Lot No./Best By: