

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
†Refer to carton for study details.

For More Information:
1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

GNC | TOTAL LEAN™

APPETREX CONTROL™

DIETARY SUPPLEMENT

- Clinically proven to reduce calorie intake^{†*}
- Boosts energy and metabolism*



CLINICALLY
RESEARCHED

60 TABLETS

CODE 968217

BRG

Directions: As a dietary supplement, take two tablets once daily with water 30 to 60 minutes before lunch or dinner. Do not take near bedtime.

Supplement Facts

Serving Size Two Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
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Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg 100%
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Riboflavin (Vitamin B-2)	1.7 mg 100%
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Niacin	20 mg 100%
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Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg 100%
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Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
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Proprietary Herbal Blend ‡	522.5 mg *
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Black Tea Leaves Extract (*Camellia sinensis*),
Green Tea Leaves Extract (*Camellia sinensis*)
(9.6% EGCG = 50 mg), Coffee Bean Extract

Amount Per Serving	% Daily Value
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Yerba Mate Extract (<i>Ilex paraguariensis</i>) †	500 mg *
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Grape Skin Extract (<i>Vitis vinifera</i>)	210 mg *
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Chrysin	200 mg *
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Ginger Root Extract (<i>Zingiber officinale</i>)	200 mg *
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Grape Seed Extract (<i>Vitis vinifera</i>)	125 mg *
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Dill Weed Extract (<i>Anethum graveolens</i>)	5 mg *
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‡ Provides 180 mg of caffeine.

* Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Cellulose, Polyethylene Glycol, Vegetable Acetoglycerides, Titanium Dioxide (Natural Mineral Whitener), Caramel Color, Ethyl Vanillin.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Artificial Colors, Sodium Free, No Wheat, Gluten Free, No Soy,
No Dairy, Yeast Free.



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: