

NO PRESERVATIVES ADDED
NO GLUTEN

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Keep in a cool dry place, tightly closed.

Oil- and Water-soluble Vitamins with Minerals
Tablets USP.

†Flintstones® is a registered trademark of Hanna-Barbera Productions, Inc., Atlanta, GA 30340.

Tablets may darken if exposed to direct sunlight or heat.

equaline™

compare to
Flintstones®
Complete†

chewable

children's multivitamins with essential minerals

dietary supplement

naturally and artificially flavored



now with
choline

60 tablets



USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

Supplement Facts

	Children 2 to 4 Years of Age 1/2 Tablet	Adults & Children 4 or More Years of Age 1 Tablet
Serving Size	1/2 Tablet	1 Tablet
Servings Per Container	120	60
Each Tablet Contains	% DV	% DV
Total Carbohydrate	< 1 g 0%*	< 1 g 0%*
Sugars	< 0.5 g	< 0.5 g
Vitamin A	1500 I.U. 60% (as Acetate and Beta Carotene)	3000 I.U. 60%
Vitamin C	30 mg 75%	60 mg 100%
Vitamin D	200 I.U. 50%	400 I.U. 100%
Vitamin E	15 I.U. 150%	30 I.U. 100%
Thiamin (Vit. B1)	0.75 mg 107%	1.5 mg 100%
Riboflavin (Vit. B2)	0.85 mg 106%	1.7 mg 100%
Niacin	7.5 mg 83%	15 mg 75%
Vitamin B6	1 mg 143%	2 mg 100%
Folic Acid	200 mcg 100%	400 mcg 100%
Vitamin B12	3 mcg 100%	6 mcg 100%
Biotin	20 mcg 13%	40 mcg 13%
Pantothenic Acid	5 mg 100%	10 mg 100%
Calcium	50 mg 6%	100 mg 10%
Iron	9 mg 90%	18 mg 100%
Phosphorus	50 mg 6%	100 mg 10%
Iodine	75 mcg 107%	150 mcg 100%
Magnesium	10 mg 5%	20 mg 5%
Zinc	6 mg 75%	12 mg 80%
Copper	1 mg 100%	2 mg 100%
Choline	19 mg **	38 mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

INGREDIENTS: Dicalcium Phosphate, Sorbitol, Sugar, Choline Bitartrate, Xylitol, Natural & Artificial Flavors (Grape, Orange,

Cherry), Ferrous Fumarate, Magnesium Phosphate, Corn Starch, Mono- & Diglycerides, Sodium Ascorbate, dl-Alpha Tocopheryl Acetate, Ascorbic Acid (Milk), Magnesium Stearate, Magnesium Oxide, Stearic Acid, Aspartame, d-Calcium Pantothenate, Nicotinamide, Zinc Oxide, Citric Acid, Silicon Dioxide, Gelatin, Red 40 Lake, Orange Juice Powder, Yellow 6 Lake, Cupric Oxide, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate (Soy), Vitamin A Acetate, Blue 2 Lake, Hypromellose, Folic Acid, Lactose, Beta Carotene, Hydroxypropyl Cellulose, Potassium Iodide, Polyvinyl Pyrrolidone, Biotin, Ergocalciferol, Cyanocobalamin.

Phenylketonurics: Contains Phenylalanine.

Distributed by Albertsons, Inc.
Boise, Idaho 83726

Suggested use: Children 2 to 4 years of age chew one half tablet daily; adults and children over 4 years of age chew one tablet daily, preferably after a meal.



We are committed to
your satisfaction and
guarantee the quality
of this product.

Contact us at
1-877-932-7948, or
www.albertsons.com

FRESHNESS AND POTENCY GUARANTEED THROUGH:

EAL5950DA06