

NEARLY 50 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For nearly 50 years we have been making trusted products, backed by science, and made with only the purest ingredients...guaranteed. So you can get the most out of life every day.



- ✓ Energy Support*
- ✓ Natural Strawberry Flavor
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

B Vitamins support energy by converting food into energy.*

No Artificial Color, No Artificial Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Yeast, No Fish. Sodium Free. Suitable for Vegetarians.

 Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

Join our Loyalty Program at
NaturesBountyRewards.com

Prod. No. 58913 B53490 02B



NATURE'S BOUNTY®

QUICK DISSOLVE

Biotin
5000mcg

**Supports Healthy
Hair, Skin & Nails***

60 Quick Dissolve Tablets

VITAMIN
SUPPLEMENT

DIRECTIONS: For adults, take one (1) quick dissolve tablet daily, preferably with a meal. Place tablet under tongue for 30 seconds before swallowing.

Supplement Facts

Serving Size 1 Quick Dissolve Tablet

Amount Per Serving	%Daily Value	
Biotin (as d-Biotin)	5,000 mcg	16,667%

Other Ingredients: Mannitol, Croscopovidone, Vegetable Stearic Acid, Natural Strawberry Flavor. **Contains <2% of:** Sucralose, Vegetable Magnesium Stearate.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. It is advisable to consult your doctor before using biotin doses above 2,500 mcg per day. If any adverse reactions occur, stop use and consult your doctor. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

★ **Made in The USA** with select ingredients from around the world

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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