

USAGE: Take 1 capsule per day with a meal or as directed by your qualified health care consultant.

VITAMIN E is a fat-soluble vitamin and is the major antioxidant that protects lipids in the body, including cell membranes and cholesterol, from oxidation.* Exercise, pollution or a high intake of dietary fats increases the requirement for vitamin E.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow FORMULAS®

DRY E-400

NATURAL DRY VITAMIN E

PHARMACEUTICAL GRADE

**Protects Cell Membranes and
Cholesterol from Oxidation***

400 IU 100 Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule Servings Per Container 100

	Amount Per Capsule	% DV
Vitamin E (as natural d-alpha tocopheryl succinate)	400 IU	1333%

Other Ingredients: Magnesium stearate (vegetable source), silicon dioxide, cellulose, and stearic acid (vegetable source). Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and FormulationSM

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