

No Starch, No Artificial Colors, No Artificial Flavors, Sodium Free, No Wheat, Gluten Free, No Corn, No Soy, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222

0

48107

07770

07770

07770

07770

9

FPO

GNC | TOTAL LEAN™

CHITOSAN WITH GLUCOMANNAN

DIETARY SUPPLEMENT

- Proprietary fiber blend promotes a feeling of fullness + supports digestion and colon health*



SCIENTIFICALLY
FORMULATED

120 CAPSULES

CODE 484711

BRG

Directions: As a dietary supplement, take two capsules with at least 8 oz of water or other fluid, once or twice daily. Taking this product without enough liquid may cause choking. See warning.

Supplement Facts

Serving Size Two Capsules

Servings Per Container 60

Amount Per Serving		% Daily Value
Total Carbohydrates	1 g	<1%†
Dietary Fiber	1 g	4%†
Chitosan	1000 mg	*
Proprietary Blend	400 mg	*
Glucomannan Powder (<i>Amorphophallus konjac</i>), Psyllium Seed Husks Powder (<i>Plantago ovata</i>), Fructooligosaccharides (FOS), Inulin		

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other Ingredients: Gelatin, Cellulose. CONTAINS: Crustaceans (Shrimp).

WARNING: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: