

 **WINDMILL™**
R_x PREMIUM™
vitamins

Women's 50+

MULTI VITAMIN & MINERAL FORMULA

*Anti-Aging
Factor†*

Help Support a Healthy
and Active Lifestyle†

**60
CAPLETS**

DIETARY SUPPLEMENT



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DIRECTIONS: Take 2 caplets daily with meals as a dietary supplement,
or as directed by a healthcare professional. Adults only.

SUPPLEMENT FACTS

Serving Size: 2 Caplets / Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as retinyl palmitate and 50% as beta-carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	250 mg	417%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as natural d-alpha- tocopheryl succinate)	100 IU	333%
Thiamin (as thiamin mononitrate)	5 mg	333%
Riboflavin	5 mg	294%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	5 mg	250%
Folate (as folic acid)	600 mcg	150%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic acid (as D-calcium pantothenate)	25 mg	250%
Calcium (as calcium carbonate & calcium citrate)	250 mg	25%
Magnesium (as magnesium oxide)	125 mg	31%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as sodium selenate)	70 mcg	100%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese sulfate)	2 mg	100%
Chromium (as chromium dimicotinate glycinate)	120 mcg	100%
Potassium (as potassium citrate)	40 mg	<2%
Boron (as boron chelate)	1 mg	*
Choline bitartrate	30 mg	*
Vanadium (as vanadium chelate)	50 mcg	*
Alpha-Lipoic acid	50 mg	*
Lutein	2 mg	*
Green tea leaf extract (36% polyphenols)	50 mg	*
Resveratrol	2 mg	*

*Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, hypromellose, magnesium stearate, silica, PEG and hydroxypropyl cellulose.

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

- Keep out of reach of children.
- Protect from heat, light & moisture.
- Store at 15-30°C (59-86°F).
- Do not use if seal is broken.

Manufactured and Distributed by:
Windmill™ Health Products,
6 Henderson Dr., West Caldwell, NJ 07006

**MADE IN
U.S.A.**



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