



burp less⁺ fish oil 1,000 mg per softgel

helps support heart, skin and joint health**
purified to remove mercury†
*enteric coated to help control fish burps



ACTUAL
SIZE



150 SOFTGELS
DIETARY SUPPLEMENT

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



150
SOFTGELS

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 75

Amount Per Serving	% Daily Value
Calories 20	
Calories from Fat 20	
Total Fat 2 g	3%*
Saturated Fat 0.5 g	3%*
Polyunsaturated Fat 1 g	†
Cholesterol 10 mg	3%
Fish Oil 2 g (2000 mg)	†
Omega-3 Fatty Acids 600 mg (EPA and DHA)	

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Ingredients: Fish Body Oil, Gelatin, Glycerin, Ethylcellulose, Ammonium Hydroxide, Sodium Alginate, Medium Chain Triglycerides, Propylene Glycol, Oleic Acid, Natural & Artificial Flavor, Natural Mixed Tocopherols, Stearic Acid.
CONTAINS: SARDINES, ANCHOVIES, COCONUT, SOY

GLUTEN FREE

HEART HEALTH**

Fish oil naturally contains DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid). Both DHA and EPA help support a healthy circulatory system.** Omega-3 fatty acids are necessary for many vital functions in the body and support heart, skin and joint health.**

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. [See nutrition information for total fat, saturated fat and cholesterol content.]

†This fish oil product is manufactured using state-of-the-art purification methods to remove contaminants, such as mercury, to guarantee its purity and potency. The threshold for mercury detection is 0.005 parts per million.

Suggested Use: Adults, take two softgels daily with the meal of your choice.

Caution: If you are pregnant or nursing a baby or if you are taking medication, planning any medical procedure, have a medical condition or have bleeding problems, consult your doctor before taking this product.

Keep out of reach of children.
Store at room temperature (59°-86°F).

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094 02 0868 R00 ID124426
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Minneapolis, MN 55403
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