

MORINGA LEAF * SPIRULINA * ALFALFA LEAF * BARLEY GRASS

LIVE WELL. DO GOOD.



ORGANIC GREENS

Dietary Supplement

**PREMIUM
PLANT-BASED
SUPER NUTRITION**

NO FLAVORS | NO SWEETENERS

GF

**USDA
ORGANIC**

NET WT. 7.4 OZ (210g)

OUR PURPOSE

The Natural Citizen was born out of our desire for trustworthy high-quality nutrition. Driven by our passion for natural health and our mission to improve lives, our purpose is to create honest products that do good by giving back to your body and the community -- because everyone deserves honest-to-goodness wellness.



Wholesome
Ingredients



Quality-Tested
Products



Improved
Lives

OUR ORGANIC GREENS

Get your greens the simple way with nutrient-rich Organic Greens. Blending the benefits of only 4 clean green ingredients, our carefully formulated Organic Greens offers the best of the sea, land and trees. Plus, we steer clear of added flavors, sweeteners and other extras so you can experience the pure, clean benefits of whole food nutrition.*

OUR QUALITY DIFFERENCE

From the farm to your blender, we source our ingredients for purity and quality, and test them every step of the way. Our premium nutrition blends are vegan, non-GMO, gluten free, allergen free, and free from flavors, fillers and artificial vitamins just as nature intended.



With every product you purchase, we give 3 meals to nourish the hungry in the USA.



Distributed by The Natural Citizen
1108 Lavaca St., Suite 110-186, Austin, TX 78701
1-877-367-6711 • hello@thenaturalcitizen.com

@thenaturalcitizen

Supplement Facts

21 servings per container

Serving size 1 tbsp (10g)

Amount Per Serving

Calories 35

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 75mg 3%

Total Carbohydrate 5g 2%

Dietary Fiber 3g 12%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 3g

Vitamin D 0mcg 0%

Calcium 144mg 10%

Iron 5mg 30%

Potassium 186mg 5%

Vitamin A 4560mcg 40%

Riboflavin 0.2mg 15%

Vitamin B12 3mcg 120%

The Natural Citizen Organic Greens Blend 10g

Organic Moringa (leaf)

Organic Spirulina (whole plant)

Organic Alfalfa (leaf)

Organic Barley (leaf)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Other Ingredients: None.

NO FLAVORS * NO SWEETENERS

MIX IT UP

Add one serving to your smoothie, oatmeal, yogurt, or simply mix with 12 oz. of juice, almond milk or water.

Find recipes and more at
www.THENATURALCITIZEN.com

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, prevent, or cure any disease.



Keep sealed and store under 80°F.
Certified Organic by Idaho State Department of Agriculture

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