

Suggested Usage: Take 3 softgels daily with a meal.

CLA (Conjugated Linoleic Acid) is a class of fatty acids produced by animals that is naturally found in beef and dairy products. Although CLA plays an important role in a number of cellular metabolic processes, humans are not able to produce CLA and therefore can only obtain it from the diet.* Since CLA is generally more abundant in grazing animals, changes in agricultural practices have resulted in less CLA in our foods, decreasing its availability in modern diets. Therefore, using a CLA supplement is recommended to obtain desirable levels of CLA for its optimal effects.* NOW® CLA is derived from Non-GMO Safflower Oil and delivers 800 mg CLA per softgel.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

SOFTGEL SIZE

CODE 1728B V7



CLA

800 mg

Nutritional Oil

From Non-GMO Safflower Oil

180 Softgels

A Dietary Supplement



General Health

Family owned since 1968.

Supplement Facts

Serving Size 3 Softgels Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	25	
Total Fat	3 g	4%*
Polyunsaturated Fat	3 g	†
Non-GMO Safflower Oil (Seed)	3 g (3,000 mg)	†
Conjugated Linoleic Acid (CLA)	2.4 g (2,400 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, organic caramel color).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

