

Item No. 19424
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Puritan's Pride®

Item No. 19424

THYROID COMPLEX

60
Rapid Release
Capsules

Dietary Supplement



B19422

03A

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%Daily Value
Thiamin (as Thiamin Mononitrate)	25 mg	1,667%
Riboflavin (Vitamin B-2)	25 mg	1,471%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1,250%
Folic Acid	25 mcg	6%
Calcium (as Dicalcium Phosphate)	52 mg	5%
Phosphorus (as Dicalcium Phosphate)	40 mg	4%
Iodine (from Kelp)	150 mcg	100%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	50 mcg	71%
Thyroid Powder	5 mg	*
L-Tyrosine	150 mg	*
Flax (<i>Linum usitatissimum</i>) (seed)	50 mg	*
Bladderwrack (<i>Fucus vesiculosus</i>) (whole plant)	10 mg	*
Ashwagandha Extract (<i>Withania somnifera</i>) (root) (Standardized to contain 1.5% Withanolides, 0.37 mg)	25 mg	*

*Daily Value not established.

Other Ingredients: Gelatin. Contains <2% of: Silica, Vegetable Magnesium Stearate.

DIRECTIONS: Take one (1) capsule daily, preferably on an empty stomach.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical or thyroid condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.

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PURITAN'S PRIDE, INC.
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