

**HOST DEFENSE IS THE #1 BEST-SELLING
MUSHROOM BRAND IN THE U.S.*:**
The Highest Quality and Scientifically Validated

• Guaranteed,
Accurate Identity
of Each Mushroom



• Made with Certified
Organic Ingredients



• Non-GMO Verified
Ingredients



• Heat treated to
proper temperature
to ensure safety
& bioavailability



• Produced Under the
Direct Supervision
of Paul Stamets, D.Sc.



• Proceeds Help to
Save Bees, Trees,
People & Planet



* Source: SPINeScan Natural / Natural Products Supermarkets >
\$2MM / Total US - Natural Channel / Mushrooms Ingredient Report /
52 Wks Ending 9/04/2016

HOST DEFENSE[®]
MYCO
Botanicals

**STRESS
FREE[™]**

Made with Organic
Mushrooms,
Skullcap,
Lemon Balm &
Ashwagandha



**PROMOTES
NATURAL CALM
& TRANQUILITY***



GLUTEN FREE
60 Vegetarian Capsules
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving

Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium ‡	300 mg†
Lion's Mane (<i>Hericium erinaceus</i>) mycelium ‡	300 mg†
Skullcap (<i>Scutellaria lateriflora</i>) leaf ‡	200 mg†
Lemon Balm (<i>Melissa officinalis</i>) leaf extract ‡	100 mg†
Ashwagandha (<i>Withania somnifera</i>) root extract ‡	100 mg†

†Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice
‡, Pullulan (an extra-cellular polysaccharide),
maltodextrin ‡

Distributed by
**Fungi Perfecti, LLC, PO Box 7634,
Olympia, WA 98507 USA**
Toll Free: 877-504-6926
HOSTDEFENSE.COM

Certified Organic by the
Washington State
Department of Agriculture.



Directions for use: As a dietary supplement,
take 2 capsules once per day. Can be taken
with food or on an empty stomach or as
recommended by your healthcare advisor.
Keep out of reach of children.

*If you have a medical condition, are taking
medications, or are pregnant or nursing,
consult your healthcare professional before
using this product.*

MYCOBOTANICALS[®] STRESS FREE[™]

Host Defense[®] MycoBotanicals[®]
is a blend of mushrooms and herbs.
We use activated, dried, Certified
Organic mushroom mycelium, with
a full spectrum of constituents which
are essential for *Supporting Natural
Immunity*.* By including certified
organic herbs that have been carefully
selected to complement the health
benefits of mushrooms, this marriage
provides the best of both worlds. Like
the dance of the sun and the moon,
two kingdoms are paired together to
provide the best possible *Functional
Food* formula for *Promoting Natural
Calm and Tranquility**

FEATURE	BENEFIT
REISHI	Supports adrenal function*
LION'S MANE	Supports a calm and balanced mood*
LEMON BALM	Supports a peaceful emotional state*
ASHWAGANDHA	Promotes a healthy stress response*
SKULLCAP	Promotes mental relaxation*

*These statements have not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure or prevent any disease.