

**HOST DEFENSE IS THE #1 BEST-SELLING
MUSHROOM BRAND IN THE U.S.*:**
The Highest Quality and Scientifically Validated

- Guaranteed, Accurate Identity of Each Mushroom
- Made with Certified Organic Ingredients
- Non-GMO Verified Ingredients
- Heat treated to proper temperature to ensure safety & bioavailability
- Produced Under the Direct Supervision of Paul Stamets, D.Sc.
- Proceeds Help to Save Bees, Trees, People & Planet



* Source: SPINScan Natural / Natural Products Supermarkets >
\$2MM / Total US - Natural Channel / Mushrooms Ingredient Report /
52 Wks Ending 9/04/2016

HOST DEFENSE™
MYCO
Botanicals

**BLOOD
SUGAR**

Made with
Organic
Mushrooms,
Gymnema,
Cinnamon,
& Bilberry



**HELPS TO MAINTAIN
HEALTHY BLOOD SUGAR
LEVELS ALREADY IN THE
NORMAL RANGE***



GLUTEN FREE
60 Vegetarian Capsules
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving

Maitake (<i>Grifola frondosa</i>) mycelium†	300 mg†
Gymnema (<i>Gymnema sylvestre</i>) leaf extract†	300 mg†
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium ‡	100 mg†
Chaga (<i>Inonotus obliquus</i>) mycelium†	100 mg†
Cinnamon (<i>Cinnamomum cassia</i>) bark extract†	100 mg†
Bilberry (<i>Vaccinium myrtillus</i>) leaf extract ‡	100 mg†

†Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice
‡, Pullulan (an extra-cellular polysaccharide),
maltodextrin ‡

Distributed by
**Fungi Perfecti, LLC, PO Box 7634,
Olympia, WA 98507 USA**
Toll Free: 877-504-6926
HOSTDEFENSE.COM

Certified Organic by the
Washington State
Department of Agriculture.



Directions for use: As a dietary supplement,
take 2 capsules once per day. Can be taken
with food or on an empty stomach or as
recommended by your healthcare advisor.
Keep out of reach of children.

*If you have a medical condition, are taking
medications, or are pregnant or nursing,
consult your healthcare professional before
using this product.*

MYCOBOTANICALS™

BLOOD SUGAR

Host Defense® MycoBotanicals™ is a blend of mushrooms and herbs. We use activated, dried, Certified Organic mushroom mycelium, with a full spectrum of constituents which are essential for *Supporting Natural Immunity*.* By including certified organic herbs that have been carefully selected to complement the health benefits of mushrooms, this marriage provides the best of both worlds. Like the dance of the sun and the moon, two kingdoms are paired together to provide the best possible *Functional Food* formula for *Maintaining Blood Sugar Levels Already Within Normal Range*.*

FEATURE	BENEFIT
MAITAKE	Promotes insulin sensitivity already within the normal range*
REISHI	Supports healthy energy and blood sugar levels already within the normal range*
CHAGA	Antioxidant support for healthy kidney function*
GYMNEMA	Supports pancreatic function*
CINNAMON	Promotes a healthy glycemic response*
BILBERRY	Promotes metabolic wellness and a healthy glycemic response*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.