

ALKALINIZE • ENERGIZE • VITALIZE 38 NUTRIENT-RICH SUPERFOODS

Add a little to your day... add a lot to your Life!



RAW

non-GMO

vegan

Best Tasting • Plant Based Vitamins/Minerals/Herbs

Macro Greens® is more than a greens product; it is a complete science-based phytonutrient, herbal and plant derived formula. Macro Greens® has a base of certified organic baby barley grass, proven to be the most effective and most synergistic of all grasses. Macro Greens® delivers vital nutrients needed by the body's cells to thrive and help achieve optimal nutrition for today's fast paced lifestyles.

Macro Greens® nourishes your body from the inside out; with antioxidants, enzymes, vitamins, minerals, amino acids, 18 billion probiotics, plus an herbal blend that supports multiple systems. Macro Greens® takes the guesswork out of daily supplementation.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

6 servings



Optimum Alkaline Source  
18 Billion Probiotics

# MacroLife Naturals Macro Greens® - SUPERFOOD -

1 DELICIOUS GLASS = 5 SERVINGS OF FRUITS AND VEGETABLES

NET WT 2 oz/56.7 g Dietary Supplement

## Supplement Facts

Servings per Container: About 6

Serving Size: About 1 Tbsp (9.4 g)

| Amount Per Serving                                                       | % Daily Value              |
|--------------------------------------------------------------------------|----------------------------|
| <b>Calories</b>                                                          | 40                         |
| Calories From Fat                                                        | 15                         |
| <b>Total Fat</b>                                                         | 1.5 g 2%                   |
| Saturated Fat                                                            | 0 g 0%                     |
| <b>Cholesterol</b>                                                       | 0 mg 0%                    |
| <b>Total Carbohydrate</b>                                                | 6 g 2%                     |
| Dietary Fiber                                                            | 1 g 5%                     |
| Sugars                                                                   | 2 g **                     |
| <b>Protein</b>                                                           | 1 g 2%                     |
| Vitamin E (as d-alpha tocopherol succinate)                              | 100 IU 330%                |
| Vitamin C                                                                | 475 mg 790%                |
| Vitamin B-12 (Methylcobalamin)                                           | 3 mcg 50%                  |
| Calcium (as Calcium Citrate)                                             | 17 mg 2%                   |
| Magnesium (as Magnesium Glycinate)                                       | 3 mg 1%                    |
| Sodium                                                                   | 40 mg 2%                   |
| Iron                                                                     | 1.4 mg 8%                  |
| Vitamin A                                                                | 450 IU 8%                  |
| <b>NUTRIENT RICH SUPER FOOD BLEND</b>                                    | <b>1735 mg **</b>          |
| Certified Organic Baby Barley Grass Juice Powder (1750 mg)               |                            |
| Certified Organic Spirulina Powder (100 mg)                              |                            |
| Chlorella (cracked cell) (100 mg)                                        |                            |
| Spirulina Leaf Powder (83 mg)                                            |                            |
| Polysaccharide (2 mg)                                                    |                            |
| <b>NON-DAIRY PROBIOTIC CULTURES MIN. ORGANISMS (AT MFG)</b>              | <b>18 Billion Units **</b> |
| Lactobacillus Acidophilus                                                |                            |
| Lactobacillus Rhamnosus                                                  |                            |
| Lactobacillus Bulgaricus                                                 |                            |
| Bifidobacterium Breve                                                    |                            |
| Bifidobacterium Longum                                                   |                            |
| <b>ANTIOXIDANT PROPRIETARY BLEND</b>                                     | <b>1430 mg **</b>          |
| Acerola Fruit Extract                                                    |                            |
| Acerola Berry Powder                                                     |                            |
| Citrus Bioflavonoids (inner peels lemons, oranges, and/or grapefruit)    |                            |
| Milk Thistle Seed Extract (80% Silymarin) (35 mg)                        |                            |
| Green Tea Leaf Extract (60% Polyphenols) (30 mg)                         |                            |
| Grape Seed Extract (95% Proanthocyanidins) (30 mg)                       |                            |
| Biotin                                                                   |                            |
| Ginkgo Biloba Leaf Extract (24% Flavone Glycosides, 6% Terpene Lactones) |                            |
| <b>ADAPTOGENIC &amp; METABOLIC HERBS PROPRIETARY BLEND</b>               | <b>2808 mg **</b>          |
| Leucithin 99% Oil Free (Non-GMO)                                         |                            |
| Red Raspberry Fruit Powder                                               |                            |
| Horsetail Stem Powder                                                    |                            |
| Licorice Root Powder (55 mg)                                             |                            |
| Ginger Root Powder                                                       |                            |
| Parley Leaf Powder                                                       |                            |
| Eleuthero Root Powder                                                    |                            |
| Suma Root Powder                                                         |                            |
| Astragalus Root Powder                                                   |                            |
| Echinacea Augustifolia Root Extract (5% Echinacosides) (35mg)            |                            |
| Damiana Leaf Powder (35 mg)                                              |                            |
| <b>NATURAL FIBERS PROPRIETARY BLEND</b>                                  | <b>1225 mg **</b>          |
| Apple Pectin Cellulose Powder                                            |                            |
| Apple Fruit Powder (fiber)                                               |                            |
| Certified Organic Flax Seed Meal                                         |                            |
| <b>HARMONIZING &amp; SUPPORT HERBS PROPRIETARY BLEND</b>                 | <b>1475 mg **</b>          |
| Alue Vera Leaf Powder (600 mg)                                           |                            |
| Watercress Leaf Powder                                                   |                            |
| Carrot Powder                                                            |                            |
| Yucca Root Powder                                                        |                            |
| Certified Organic Beet Root Powder                                       |                            |
| Stercia                                                                  |                            |
| Dulse                                                                    |                            |
| Prickly Pear Leaf Powder (Hoopla)                                        |                            |
| <b>NATURAL PLANT ENZYMES PROPRIETARY BLEND</b>                           | <b>200 mg **</b>           |
| Protease                                                                 |                            |
| Cellulase                                                                |                            |
| Amylase                                                                  |                            |
| Lipase                                                                   |                            |

\*\* Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

OTHER INGREDIENTS: Natural Flavors

MacroLife Naturals® Inc., An Original Formulation • Culver City, CA 90232 • 1-800-521-5867

www.MacroLifeNaturals.com

**Directions:** Mix 1 tbsp into 10-12 ounces of your favorite non-citrus juice, water, smoothie or protein shake. For best taste mix into 3/4 filtered water and 1/4 apple juice. Enjoy daily!

Contents sold by weight not volume, some settling may occur.