



ORGANIC DIGEST™

Dietary Supplement

**GENTLE
PLANT-BASED
REGULARITY SUPPORT***

NO FLAVORS | NO SWEETENERS

OUR PURPOSE

The Natural Citizen was born out of our desire for trustworthy high-quality nutrition. Driven by our passion for natural health and our mission to improve lives, our purpose is to create honest products that do good by giving back to your body and the community -- because everyone deserves honest-to-goodness wellness.



Wholesome
Ingredients



Quality-Tested
Products



Improved
Lives

OUR ORGANIC DIGEST

Love your gut with Organic Digest, and it will love you back. Combining gluten-free fiber, prebiotics, omega fatty acids, and the soothing support of aloe vera, Organic Digest naturally supports digestion and regularity. Plus, we steer clear of added flavors, sweeteners and other extras so you can experience the pure, clean benefits of whole food nutrition.*

OUR QUALITY DIFFERENCE

From the farm to your blender, we source our ingredients for purity and quality, and test them every step of the way. Our premium nutrition blends are vegan, non-GMO, gluten free, allergen free, and free from flavors, fillers and artificial vitamins just as nature intended.



With every product you purchase, we give 3 meals to nourish the hungry in the USA.



Distributed by The Natural Citizen
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@thenaturalcitizen

Supplement Facts

21 servings per container
Serving size 1 tbsp (10g)

Amount Per Serving
Calories 40

% Daily Value*

Total Fat 1g 1%
Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 7g 3%

Dietary Fiber 7g 25%

Insoluble Fiber 4g

Soluble Fiber 3g

Total Sugars <1g

Includes 0g Added Sugars 0%

Protein 1g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 0.3mg 2%

Potassium 46mg 1%

The Natural Citizen Organic Digest Blend 10g

Organic Jerusalem Artichoke Inulin (tuber)

Organic Chia (seed)

Organic Oat Fiber (entire sprout)

Organic Aloe Vera Extract (leaf)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Other Ingredients: None.

NO FLAVORS * NO SWEETENERS

MIX IT UP

Add one serving to your smoothie, oatmeal, yogurt, or simply mix with 12 oz. of juice, almond milk or water.

Find recipes and more at
www.THENATURALCITIZEN.com

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, prevent, or cure any disease.



Keep sealed and store under 80°F.
Certified Organic by
Idaho State Department
of Agriculture

GF

NET WT. 7.4 OZ (210g)

USDA
ORGANIC

www.THENATURALCITIZEN.com