

Oil- and Water-soluble
Vitamins with Minerals
Tablets USP.

†This product is not
manufactured or
distributed by Wyeth
Holdings Corporation,
owner of the registered
trademark Centrum®.

equaline™

compare to
Centrum®
with Lycopene†

central-vite®
dietary supplement
complete antioxidant group
multivitamin/multimineral supplement

with
Lycopene

300 tablets



USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	%DV	Each Tablet Contains	%DV
Vitamin A 3500 I.U. (29% as Beta Carotene)	70%	Magnesium 100 mg	25%
Vitamin C 60 mg	100%	Zinc 15 mg	100%
Vitamin D 400 I.U.	100%	Selenium 20 mcg	29%
Vitamin E 30 I.U.	100%	Copper 2 mg	100%
Vitamin K 25 mcg	31%	Manganese 2 mg	100%
Thiamin (Vit. B1) 1.5 mg	100%	Chromium 120 mcg	100%
Riboflavin (Vit. B2) 1.7 mg	100%	Molybdenum 75 mcg	100%
Niacin 20 mg	100%	Chloride 72 mg	2%
Vitamin B6 2 mg	100%	Potassium 80 mg	2%
Folic Acid 400 mcg	100%	Boron 150 mcg	*
Vitamin B12 6 mcg	100%	Nickel 5 mcg	*
Biotin 30 mcg	10%	Silicon 2 mg	*
Pantothenic Acid 10 mg	100%	Tin 10 mcg	*
Calcium 162 mg	16%	Vanadium 10 mcg	*
Iron 18 mg	100%	Lutein (<i>Tagetes erecta</i>) (flower) 250 mcg	*
Phosphorus 109 mg	11%	Lycopene 300 mcg	*
Iodine 150 mcg	100%	*Daily Value (DV) not established.	

INGREDIENTS: Dicalcium Phosphate, Magnesium Oxide, Potassium Chloride, Cellulose, Ascorbic Acid, Ferrous Fumarate, Calcium Carbonate, Gelatin, dl-Alpha Tocopheryl Acetate, Niacinamide, Zinc Oxide,

Croscarmellose Sodium, Dextrin, Titanium Dioxide, Hypromellose, d-Calcium Pantothenate, Crospovidone, Magnesium Stearate, Calcium Silicate, Silicon Dioxide, Manganese Sulfate, Maltodextrin, Polyethylene Glycol, Corn Starch, Pyridoxine Hydrochloride, Cupric Oxide, Glucose, Acacia, Thiamine Mononitrate, Sucrose, Soy Lecithin, Riboflavin, Sodium Borate, Vitamin A Acetate, Beta Carotene, Resin, Yellow 6 Lake, Chromium Chloride, Folic Acid, Lycopene, Lutein (Cod), Potassium Iodide, Sodium Molybdate, Ascorbyl Palmitate, Sodium Ascorbate, dl-Alpha Tocopherol, Tricalcium Phosphate, Sodium Selenate, Sodium Metasilicate, Phytonadione, Biotin, Sodium Metavanadate, Nickelous Sulfate, Stannous Chloride, Ergocalciferol, Cyanocobalamin.

Distributed by Albertsons, Inc.
Boise, Idaho 83726

Suggested use: Take one tablet daily with a full glass of water, preferably after a meal.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (other than from beta carotene) may weaken the bones in older adults. Consult your physician before taking another vitamin A-containing supplement with this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Keep in a cool dry place, tightly closed.



We are committed to
your satisfaction and
guarantee the quality
of this product.
Contact us at
1-877-932-7948, or
www.albertsons.com

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FRESHNESS AND POTENCY GUARANTEED THROUGH: