

WARNING: This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Immediately discontinue use and consult your health care professional if you experience adverse reaction to this product. Discontinue use two weeks prior to surgery. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

DIRECTIONS: Take 1 capsule prior to your workout and 1 capsule before bed, preferably on an empty stomach. Alternatively, take 2 capsules at bedtime. Best when taken one hour prior to a meal or two hours after a meal. Do not use for longer than 8 continuous weeks without taking a 4 week break.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Crush It



CORE
NUTRITIONALS

ALPHA

ULTRA-POTENT NATURAL HORMONE OPTIMIZER

4 WEEK SUPPLY

VEGETABLE
CAPS

NO
ARTIFICIAL COLORS

GLUTEN
FREE

DIETARY SUPPLEMENT • 56 CAPSULES

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 28

	Amount Per Serving	%DV
Vitamin D3 (Cholecalciferol)	3000 IU	750%
Zinc (as Zinc aspartate)	30 mg	200%
<i>Mucuna pruriens</i> Extract (seed) (50% L-dopa)	500 mg	**
ForsLean® <i>Coleus forskohlii</i> Extract (root) (20% forskolin)	250 mg	**
<i>Brassaiopsis glomerulata</i> Extract (leaf) (10:1)	200 mg	**
3-Desoxy, 7-Keto DHEA	75 mg	**
N-Methyl-D-Aspartic acid	30 mg	**

** Daily Value (DV) not established.

OTHER INGREDIENTS: Magnesium Stearate, Brown Rice Flour Hypromellose.

Manufactured in a U.S. cGMP Facility.
Distributed by: Core Nutritionals, LLC, Arlington, Virginia 22203.
www.CoreNutritionals.com, info@corenutritionals.com, (888) 978-2332.

Forslean® is a registered trademark of Sabinsa Corporation supported by US Patent # 5,804,596.