

TRADER JOE'S®

MULTI
VITAMIN
& MINERAL
ANTIOXIDANT
DIETARY SUPPLEMENT

SUSTAINED RELEASE
100 TABLETS

Supplement Facts

Serving Size 2 tablets
Servings Per Container 50

Amount Per Serving		% Daily Value*
Vitamin A (as beta carotene)	10,000 IU	200%
Vitamin C (as ascorbic acid)	500 mg	833%
Vitamin D3 (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl succinate)	400 IU	1333%
Thiamine (as thiamine hydrochloride)	15 mg	1000%
Riboflavin	15 mg	882%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	15 mg	750%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	25 mcg	417%
Biotin (as d-biotin)	50 mcg	17%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Calcium (as calcium carbonate)	250 mg	25%
Iron (as ferrous fumarate)	15 mg	83%
Iodine (as kelp)	150 mcg	100%
Magnesium (as magnesium oxide)	50 mg	13%
Zinc (as zinc sulfate)	15 mg	100%
Selenium (as selenium amino acid chelate)	50 mcg	71%
Copper (as copper sulfate)	2 mg	100%
Manganese (as manganese carbonate)	5 mg	250%
Chromium (as chromium amino acid chelate)	25 mcg	21%
Potassium (as potassium chloride)	198 mg	6%

* Percent Daily Values are based on a 2000 calorie diet.

CONTAINS NO YEAST OR SUGAR

SUGGESTED USE: 2 tablets daily, preferably with meals, or as recommended by a physician.

People with medical concerns should check with their physician before using this or any dietary supplement.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

OTHER INGREDIENTS: Stearic Acid (vegetable source), Silicon Dioxide, Magnesium Stearate (vegetable source), Cellulose, Glycerin, Carnauba Wax, Natural Flavor (vanilla extract).

CONTAINS SOY.

Dist. & Sold Exclusively By: Trader Joe's,
800 S. Shamrock, Monrovia, CA 91016



CONTAINS NO YEAST OR SUGAR
STORE IN A COOL, DRY PLACE, OUT OF REACH OF CHILDREN.

12/2016 10096-L4

Exp. Date/Lot #:

TABLET SIZE

GLUTEN FREE