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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule once or twice daily, with or without food, or as recommended by a healthcare practitioner.

CAUTION: If taken in high doses, magnesium may have a laxative effect. If this occurs, divide dosing, reduce intake, or discontinue product.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ZümXR® is a registered trademark and protected by patents. See www.ZümXR.com.



Q02107A

LifeExtension®

Extend-Release Magnesium



6 Hour Extended Release Formula

Dietary
Supplement

60 Vegetarian
Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving		% Daily Value
Magnesium (as ZümXR® magnesium oxide, magnesium citrate)	250 mg	63%

**Daily Value not established.

Other ingredients: rice concentrate, vegetable cellulose (capsule), microcrystalline cellulose, ethylcellulose, hydroxypropyl methylcellulose, medium chain triglycerides, oleic acid, silica.

Non-GMO

Manufactured for:

Quality Supplements and Vitamins, Inc.

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To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.