

TO REORDER  
ITEM # 31017

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Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

3 Delicious  
Fruit  
Flavored  
Gummy Fish



Strawberry,  
Raspberry & Grape  
Flavors

• Vitamin D to support a healthy  
immune system and bone health\*

120 Gummies

Dietary Supplement



**DIRECTIONS:** For adults and children 2 years of age and older,  
chew four (4) gummies daily.

## Supplement Facts

Serving Size 4 Gummies  
Servings Per Container 30

	Amount Per Serving	%Daily Value for Children 2 and 3 Years of Age	%Daily Value for Adults and Children 4 Years of Age & Over
Calories	30		
Total Fat	0.5 g	1%***	1%**
Cholesterol	<5 mg	<1%	<1%
Total Carbohydrate	6 g	4%***	2%**
Total Sugars	4 g	****	****
Includes 4 g Added Sugars		16%***	8%**
Vitamin D (as D3 Cholecalciferol)	10 mcg (400 IU)	67%	50%
Sodium	20 mg	<1%	<1%
Fish Oil	533 mg	****	****
provides 163 mg of Total Omega-3 Fatty Acids† comprising of:		****	****
Docosahexaenoic Acid (DHA)	117 mg	****	****
Eicosapentaenoic Acid (EPA)	24 mg	****	****
Other Fatty Acids		****	****

\*\*Percent Daily Values based on a 2,000 calorie diet.

\*\*\*Percent Daily Values are based on a 1,000 calorie diet.

\*\*\*\*Daily Value not established.

**Other Ingredients:** Sugar, Corn Syrup, Gelatin. Contains <2% of: Citric Acid, Lactic Acid, Natural Flavors, Pectin, Vegetable Juices (color), Vegetable Oil (Palm) (Contains Carnauba Wax).

Contains fish (tuna) ingredients.

†As Natural Triglycerides

KEEP OUT OF REACH OF CHILDREN

No Artificial Flavor, No Artificial Sweetener,  
No Preservatives, No Milk, No Lactose,  
No Gluten, No Wheat, No Yeast, No Shellfish.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**WARNING:** If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. This product requires adult supervision and is not to be dispensed by children. Store at room temperature. Do not use if seal under cap is broken or missing.

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www.puritan.com

1-800-645-1030

Carefully Manufactured by  
PURITAN'S PRIDE, INC.  
Ronkonkoma, NY 11779 U.S.A.  
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