

TRADER JOE'S®

HIGH POTENCY
CHEWABLE

MULTIPLE VITAMIN &
MINERAL FORMULA
DIETARY SUPPLEMENT

90 TABLETS

Supplement Facts

Serving Size 1 tablet
Servings Per Container 90

Amount Per Serving		% Daily Value*
Calories	10	
Total Carbohydrate	2 g	1%
Sugars	1 g	
Vitamin A (as beta carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	30 IU	100%
Thiamin (as thiamin mononitrate)	1.5 mg	100%
Riboflavin	1.7 mg	100%
Niacin (as niacinamide)	2 mg	10%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	6 mcg	100%
Biotin (as d-biotin)	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Calcium (as calcium carbonate)	100 mg	10%
Iron (as carbonyl iron)	9 mg	50%
Iodine (from kelp)	150 mcg	100%
Magnesium (as magnesium oxide)	20 mg	5%
Zinc (as zinc oxide)	15 mg	100%
Selenium (as sodium selenate)	70 mcg	100%
Copper (as copper gluconate)	200 mcg	10%
Manganese (as manganese gluconate)	2 mg	100%
Chromium (as chromium chloride)	120 mcg	100%
Molybdenum (as sodium molybdate)	10 mcg	13%

* Percent Daily Values are based on a 2000 calorie diet.

OTHER INGREDIENTS: Sucrose, Acacia, Natural Fruit Punch Flavor, Stearic Acid (Vegetable Source), Beet Juice Powder (Color), Citric Acid (Vegetable Source), Mono-Ammonium Glycinate (Vegetable Source), Licorice Root Extract, Licorice Root

Dist. & Sold Exclusively By: Trader Joe's, 800 S. Shamrock, Monrovia, CA 91016

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DIRECTIONS: Chew one tablet daily with food.

STORE IN A COOL, DRY PLACE
OUT OF THE REACH OF CHILDREN.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

People with medical concerns should check with their physician before using this dietary supplement.

GLUTEN FREE

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EXP. DATE/LOT#:

