

Suggested Usage: Take 2 tablets daily between meals.

Triphala is a combination of three fruits (Harada, Amla and Behada) that has been used in Ayurvedic herbalism for thousands of years.* Triphala has been historically used as a digestive cleanser and tonifier.* In recent years, Triphala has been shown to be a potent free radical scavenger.* In addition, it has been found to possess numerous other bioactive compounds, including gallic acid, tannic acid, and epicatechin.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Do not eat freshness packet.
Keep in bottle.

Store in a cool, dry place after opening.

CODE 4764 ZB V10



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TABLET SIZE



Triphala

500 mg

Ayurvedic Digestive Cleanser*

- Standardized Fruit Extract
- Ayurvedic Tonifier & Digestive Support*

120 Tablets

A Dietary Supplement Vegetarian/Vegan



Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 2 Tablets Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	< 1%*
Calcium (from Calcium Carbonate)	120 mg	9%
Magnesium (from Magnesium Oxide)	200 mg	48%
Triphala Extract (min. 40% Tannins)	1 g (1,000 mg)	†
Amla (<i>Embolica officinalis</i>) Fruit Extract		
Behada (<i>Terminalia bellerica</i>) Fruit Extract		
Harada (<i>Terminalia chebula</i>) Fruit Extract		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Silica and Vegetarian Coating.

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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

