When it's time for intensive cleansing, you need the good stuff — The STUFF DETOX. The STUFF DETOX has been scientifically engineered to work with your body's natural cleansing processes and kick them into overdrive — toxins and impurities don't stand a chance!*

Directions for Use:

Follow these simple steps and you will notice the STUFF DETOX'S™ immediate impact on your body's natural cleansing process.*

- 1. Pick your day for using your STUFF DETOX for intensive cleansing.
- 2. Begin your cleansing program with the STUFF DETOX.
- 3. Shake the STUFF DETOX well and drink entire contents of the bottle.
- 4. Wait 15 minutes. Refill the STUFF DETOX bottle with water shake and drink.
- 5. Urinate frequently. Urinating 3-4 times indicates that you are experiencing optimal cleansing with the STUFF DETOX.
- 6. You may drink 16 oz. of water every 2 hours after using the STUFF DETOX to extend your cleansing benefits throughout the day.

Additional Information:

- The STUFF DETOX is intended for periodic intensive cleansing that is a part of an ongoing cleansing routine
- Eat light meals, including fruits, vegetables, and fiber during your cleansing program.

PREGNANT OR BREASTFEEDING WOMEN SHOULD CONSULT THEIR PHYSICIAN BEFORE USING THIS PRODUCT.
The STUFF DETOX is not intended for children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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FOR MORE INFORMATION

800-88DETOX www.StuffDetox.com

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DIETARY SUPPLEMENT

16 FL. OZ. (473 mL)

Supplement Facts

Serving Size 16 fl. oz. (473 mL) Servings per container 1

	Amount Per Serving	% Daily Value
Calories	90	Value
Sodium	95 mg	4%
Total Carbohydrate	22 g	7%*
Sugars	21 g	**
Vitamin A (as Retinyl Palmitate)	625 IŬ	13%
Vitamin D (as Cholecalciferol)	50 IU	13%
Thiamin (as Thiamin Hydrochloride)	0.2 mg	13%
Riboflavin	0.2 mg	12%
Niacin (as Niacinamide)	2.5 mg	13%
Vitamin B6 (as Pyridoxine HCL)	0.3 mg	15%
Folate (as Folic Acid)	50 mcg	13%
Vitamin B12 (as Cyanocobalamin)	0.8 mcg	13%
Biotin	37.5 mcg	13%
Pantothenic Acid (as D-Calcium Pantothenate)	1.3 mg	13%
Calcium (as Calcium Lactate Gluconate)	50 mg	5%
Magnesium (as Magnesium Chelate)	20 mg	5%
Zinc (as Zinc Gluconate)	1.9 mg	13%
Selenium (as L-Selenomethionine)	8.8 mcg	13%
Manganese (as Manganese Chelate)	0.3 mg	15%
Chromium (as Chromium Polynicotinate)	15 mcg	13%
Fruit Pectin	85 mg	**
Proprietary Herb Blend	0.5 g	**
Burdock (root extract), Milk Thistle (seed extract), Nettle (leaf extract), Uva Ursi (leaf extract)		
Creatine Monohydrate	250 mg	**

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.

OTHER INGREDIENTS: REVERSE OSMOSIS WATER, FRUCTOSE, CITRIC ACID, NATURAL FLAVORS, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), RED 40.

The STUFF cleansing formulas are manufactured for: Detoxify LLC, P.O. Box 6398, Scottsdale, AZ 85261 USA