42011/9

TRADER JOE'S®

SUPER

DIETARY SUPPLEMENT

HIGH POTENCY
MULTIPLE VITAMIN & MINERAL

WITH LUTEIN, LYCOPENE, SELENIUM & CO ENZYME Q-10

180 TABLETS

suggested use: 2 tablets daily, preferably with meals, or as recommended by a physician.

People with medical concerns should check with their physician before using this or any dietary supplement.

* This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause offatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Supplement Facts

% Daily Val

Serving Size 2 tablets Servings Per Container 90

Amount Per Serving

Vitamin A (100% as beta carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	200 mg	333%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinat	te) 100 IU	333%
Thiamine (as thiamine hydrochloride)	30 mg	2000%
Riboflavin	30 mg	1765%
Niacin (as niacinamide)	100 mg	500%
Vitamin B6 (as pyridoxine hydrochloride)	30 mg	1500%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	100 mcg	1667%
Biotin (as d-biotin)	25 mcg	8%
Pantothenic Acid (as d-calcium pantothenate		300%
Calcium (as calcium carbonate and dicalcium phosphate)	250 mg	25%
Iron (as ferrous fumarate)	9 mg	50%
Phosphorous (as dicalcium phosphate)	80 mg	8%
lodine (from kelp)	150 mcg	100%
Magnesium (as magnesium oxide)	50 mg	13%
Zinc (as zinc oxide)	5 mg	33%
Selenium (as sodium selenate)	50 mcg	71%
copper (as copper gluconate)	2 mg	100%
manyanese (as manganese carbonata)		
- (45 Chromium chlorida)	7 mg	350%
The property of the state of th	50 mcg	42%
	50 mcg	67%
Potassium (as potassium chloride)	80 mg	2.4%
(as potassium chloride)	80 ma	2.3%

	Proprietary Citrus Bioflavonoids, Rutin, Cromic Inositol, Citrus Bioflavonoids, Rutin, Cromic Bitartrate, Soy Lecithin.			1
		pitartrale, Suy Est	20 mg	*
luc		Hesperidin Complex	4 mg	1 *
lue		Lutein	4 mg	*
Ю%		Lycopene	2 mg	*
3%		Co-Enzyme Q-10 Boron (boron citrate/aspartate/glycinate)	300 mcg	*
0%	ı	Tin (as stannous chloride)	20 mcg	*
3%	۱	Vanadium (as sodium vanadate)	20 mcg	*
0%	I	Nickel (nickel amino acid chelate)	10 mcg	
5%		Silicon (as sodium metasilicate)	4 mcg	*
0%	п	Silicoli (as socioli motasino)		

115 mg

* Daily Value not established

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid (Vegetable Source), Croscarmellose Sodium, Magnesium Stearate (Vegetable Source), Silicon Dioxide, Hpmc, Aqueous Film Coating (Consisting of Hydroxypropyl Cellulose and has less than 0.1% TALC).

CONTAINS SOY.

Dist. & Sold Exclusively By: Trader Joe's, 800 S. Shamrock, Monrovia, CA 91016

Store in a cool, dry place, out of reach of children.