

TRADER JOE'S®

NO IRON

**MULTI VITAMIN
& MINERAL
ANTIOXIDANT***
DIETARY SUPPLEMENT

100 TABLETS

Supplement Facts

Serving Size 2 tablets
Servings Per Container 50

Amount Per Serving	% Daily Value*
Vitamin A (as beta carotene)	10,000 IU 200%
Vitamin C (as ascorbic acid)	500 mg 833%
Vitamin D3 (as cholecalciferol)	200 IU 50%
Vitamin E (as d-alpha tocopheryl succinate)	400 IU 1333%
Thiamine (as thiamine hydrochloride)	15 mg 1000%
Riboflavin	15 mg 882%
Niacin (as niacinamide)	20 mg 100%
Vitamin B6 (as pyridoxine hydrochloride)	15 mg 750%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	25 mcg 417%
Biotin (as d-biotin)	50 mcg 17%
Pantothenic Acid (as d-calcium pantothenate)	10 mg 100%
Calcium (as calcium carbonate)	250 mg 25%
Iodine (as potassium iodide)	750 mcg 100%
Magnesium (as magnesium oxide)	50 mg 13%
Zinc (as zinc sulfate)	15 mg 100%
Selenium (as selenium amino acid chelate)	50 mcg 71%
Copper (as copper sulfate)	2 mg 100%
Manganese (as manganese carbonate)	5 mg 250%
Chromium (as chromium amino acid chelate)	25 mcg 21%
Potassium (as potassium chloride)	100 mg 6%

* Percent Daily Values are based on a 2000 calorie diet.

SUGGESTED USE: 2 tablets daily or as recommended by a physician.

People with medical concerns should check with their physician before using this or any dietary supplement.

Store in a cool, dry place, out of reach of children.

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic acid (Vegetable source), Croscarmellose Sodium, Magnesium Stearate (Vegetable Source), Silicon Dioxide, Methyl Cellulose, Aqueous Film Coating (Consisting of Hydroxypropyl Cellulose and less than 0.1% TALC).

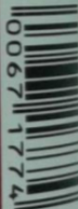
Dist. & Sold Exclusively By:
Trader Joe's, 800 S. Shamrock,
Monrovia, CA 91016

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Exp. Date/Lot #:

11-16/14398C

3836-100



TABLET SIZE