

 **WINDMILL™**
R_x PREMIUM™
vitamins

Men's 50+

MULTI VITAMIN & MINERAL FORMULA

With Saw
Palmetto†

Help Support a Healthy
and Active Lifestyle†

60
CAPLETS

DIETARY SUPPLEMENT



Visit us at www.windmillvitamins.com

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DIRECTIONS: Take 2 caplets daily with meals as a dietary supplement, or as directed by a healthcare professional. Adults only.

SUPPLEMENT FACTS

Serving Size: 2 Caplets / Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as retinyl palmitate and 50% as beta-carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	250 mg	417%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as natural d-alpha-tocopheryl succinate)	60 IU	200%
Thiamin (as thiamin mononitrate)	5 mg	333%
Riboflavin	5 mg	294%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	5 mg	250%
Folate (as folic acid)	600 mcg	150%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic acid (as D-calcium pantothenate)	10 mg	100%
Calcium (as calcium carbonate)	250 mg	25%
Magnesium (as magnesium oxide)	125 mg	31%
Zinc (as zinc citrate)	25 mg	167%
Selenium (as sodium selenate)	200 mcg	286%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese sulfate)	2 mg	100%
Chromium (as chromium dinicotinate glycinate)	120 mcg	100%
Potassium (as potassium citrate)	40 mg	<2%
Boron (as boron chelate)	1 mg	*
Choline bitartrate	30 mg	*
Vanadium (as vanadium chelate)	50 mcg	*
Alpha-Lipoic acid	50 mg	*
Lutein	2 mg	*
Lycopene	3 mg	*
Resveratrol	2 mg	*
Green tea leaf extract (36% polyphenols)	50 mg	*
Saw palmetto berries extract (90% total sterols & free fatty acids)	80 mg	*

*Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, hypromellose, magnesium stearate, silica, PEG and hydroxypropyl cellulose.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

- Keep out of reach of children.
- Protect from heat, light & moisture.
- Store at 15-30°C (59-86°F).
- Do not use if seal is broken.

Manufactured and Distributed by:
Windmill™ Health Products, 6 Henderson Dr.,
West Caldwell, NJ 07006

MADE IN
U.S.A.



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