Tablets USP †This product is not manufactured or distributed by Wyeth Holdings Corporation, owner of the registered trademark Caltrate®.

children



## calcium + D

600 mg calcium 400 I.U. vitamin D dietary supplement







USP has tested and verified ingredients. achieving peak bone mass in potency, and manufacturing process. USP official standards for dietary supplements. See www.uspverified.org

## **Supplement Facts**

Serving Size 1 Tablet Amount Per Serving % DV Vitamin D 400 I.U. 100% Calcium 600 mg 60%

INGREDIENTS: Calcium Carbonate, Cellulose, Maltodextrin, Acacla, Croscarmellose Sodium, Sodium Starch Glycolate, Polyvinyl Alcohol, Titanium Dioxide, Polyethylene Glycol, Magnesium Stearate, Talc, Silicon Dioxide, Sodium Lauryl Sulfate, Gelatin, Corn Starch, Yellow 6 Lake, Cholecalciferol.

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Suggested use: Take two tablets dally (one tablet twice a day) with food or as directed by

your physician. Osteoporosis affects middle-aged and older persons, especially those with a family history of fragile bones in later years. A lifetime of regular exercise and a healthful diet with adequate calcium are essential in

teenagers and young adults and maintaining bone health during adulthood, Individuals who do not store enough calcium throughout their lives have an increased risk for developing osteoporosis. Recently, scientists have determined that even postmenopausal women can benefit from greater calcium

While adequate calcium Intake is important, daily intakes above 2000 mg are not likely to provide any additional benefit.

Intake



We are committed to your satisfaction and ouarantee the quality of this product. Contact us at 1-877-932-7948. o www.albertsons.com

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