



VEGETARIAN

Nature Trim 5

- 1 HEALTHY WEIGHT MANAGEMENT***
Green coffee bean extract with 45% chlorogenic acids.
- 2 HEALTHY METABOLISM***
Offered with the addition of EGCG extracted from green tea leaf.*
- 3 APPETITE MANAGEMENT***
Garcinia cambogia, with 60% hydroxycitric acid (HCA), is combined with chromium and *Gymnema sylvestre*.
- 4 ENERGY***
100mg of natural caffeine derived from tea leaf extract and guarana seed extract.
- 5 POSITIVE MOOD***
Supported by the exotic spice saffron.

Sourced, Formulated, Quality Tested & Distributed by
Genesis Today, Inc., Austin, TX 78744
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



GENESIS Today™

VEGETARIAN

Nature Trim 5

Supports Healthy Weight Management*



Appetite
Management*



Positive
Mood*



Energy & Metabolism
Support*

DIETARY SUPPLEMENT • 90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 3 Capsules
Servings per Container: 30

Amount Per Serving		%DV	Amount Per Serving		%DV
Calories	5		Green Coffee Bean Extract	200 mg	†
Total Carbohydrate	1 g	<1%**	(standardized to 45% total chlorogenic acids)	(90 mg total chlorogenic acids)	
Vitamin C	15 mg	25%	Epigallocatechin gallate (EGCG) extract (green tea leaf)	125 mg	†
Vitamin E	8 IU	27%	Tea Leaf Extract (98% natural caffeine)	97 mg	†
Thiamin	4 mg	266%	(95 mg caffeine)		
Riboflavin	4 mg	235%	Organic Amla (pericarp) Extract	64 mg	†
Niacin	6 mg	30%	Organic Guava (fruit) Extract	63 mg	†
Vitamin B6	8 mg	400%	Guarana (seed) Extract (10% natural caffeine)	50 mg	†
Folate	120 mcg	30%	(5 mg caffeine)		
Pantothenic Acid	9 mg	90%	Yerba Mate (leaf) Powder	30 mg	†
Calcium (as hydroxycitrate)	10 mg	1%	Spirulina Powder	30 mg	†
Magnesium (as hydroxycitrate)	52 mg	13%	Saffron (flower) Extract	30 mg	†
Zinc	1 mg	6%	Organic Holy Basil (leaves) Extract	21 mg	†
Selenium	19 mcg	27%	Organic Lemon (peel) Extract	15 mg	†
Chromium (as picolinate)	140 mcg	117%			
Potassium (as hydroxycitrate)	24 mg	<1%			
<i>Garcinia cambogia</i> (fruit rind) Extract (60% (-)-Hydroxycitric Acid) (480 mg) (-)-Hydroxycitric Acid	800 mg	†			
<i>Gymnema sylvestre</i> (leaf) 20:1 Extract	100 mg	†			

**Percent daily values based on a 2,000 calorie diet.
†Daily value (D.V.) not established.

Other Ingredients: Vegetarian capsule (Hypromellose).

Directions: Take three (3) capsules three times per day 30 minutes before snacks or meals with a full glass of water or as directed by your healthcare provider. Do not use if seal around cap is broken. Keep out of reach of children.

Warning: Do not take if you are under 18, pregnant or nursing, taking antidiabetic agents, or if you have caffeine sensitivity, cardiovascular disease, diabetes or a tendency to have low blood sugar levels. Contains caffeine. Due to the natural ingredients in this product, taste, color and consistency may vary.

